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Case report

What do we know about Treatment of Post-Circumcision Penile Ischemia. Case report and Review of Literature

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Abstract

Circumcision for therapeutic and non-therapeutic purposes is one of the most frequently performed male procedures worldwide in all age groups. In order to decrease post-operative pain dorsal penile block (DPNB) with a long-acting (bupivacaine) or intermediate-acting (lidocaine or mepivacaine) agent is the most common anaesthesia technique. Although circumcision remains a quick and simple procedure, it is not without risk, with complications rate from 1 to 4%. Penile ischemia is a rare but severe complication of circumcision that can lead to irreversible necrosis of the glans. The causal mechanisms remain unclear although several hypotheses have been suggested including, such as the use of vasoconstricting agents in local anaesthesia, arterial vasospasm due to needle microtrauma during dorsal penile nerve block (DPNB), hematoma, blood vessel binding, excessive use of monopolar cautery, a tight suture line, and/or a tight bandage applied to the circumcised area. Various therapeutic options were proposed, but so far there are no treatment guidelines. We report the case of a 10-year-old boy with penile ischemia after circumcision that resolved spontaneously after one month and present a current review of 23 other published cases.

Keywords: Penile ischemia; dorsal penile nerve block; hematoma; blood vessel binding

Introduction

Circumcision for therapeutic and non-therapeutic purposes is one of the most frequently performed male procedures worldwide in all age groups [1]. In order to decrease post-operative pain dorsal penile block (DPNB) with a long-acting (bupivacaine) or intermediate-acting (lidocaine or mepivacaine) agent is the most common anaesthesia technique [2-4]. Although circumcision remains a quick and simple procedure, it is not without risk, with complications rate from 1 to 4% [5]. Penile ischemia is a rare but severe complication of circumcision that can lead to irreversible necrosis of the glans. The causal mechanisms remain unclear although several hypotheses have been suggested including, such as the use of vasoconstricting agents in local anaesthesia, arterial vasospasm due to needle microtrauma during dorsal penile nerve block (DPNB), hematoma, blood vessel binding, excessive use of monopolar cautery, a tight suture line, and/or a tight bandage applied to the circumcised area [6]. Various therapeutic options were proposed, but so far there are no treatment guidelines [7]. We report the case of a 10-year-old boy with penile ischemia after circumcision that resolved spontaneously after one month and present a current review of 23 other published cases.

Case Report

We present the case of a 10-year-old boy admitted for elective circumcision after recurrent balanitis and phimosis. The intervention was performed under general anaesthesia, including sevoflurane 4% 02/N20 50/50 administered via mask. The technique of dorsal penile nerve block with bupivacaine 0.5% in 4 ml was used in order to decrease post-operative pain. The intervention lasted 16 minutes and was uneventful. The patient was sent home the same day. The day after parents called the surgeon to report the dark color of the glans. Physical examination showed a very dark necrotic appearance of the glans and light edema around the suture site (Figures 1A & 1B). No suggestive signs of infection were noted, and voiding function was normal. D-dimeres (1,23 microg/ mL*; 0,5 microg/mL) and LDH (242 U/L; norm 135-225) levels were slightly elevated in a blood test. The color Doppler ultrasound examination showed normal permeability of the penile arteries and no abnormalities of vascularization. We thus decided to adopt a conservative attitude. Clear improvement was noticed after a few days with normalization of the color of the glans (Figures 2A & 2B) with the complete normalization one month after the intervention.







Discussion and review of literature

As penile ischemia can cause irreversible damage to the glans, the choice of the best treatment is of crucial importance. However, since no vascular anomaly had been demonstrated in our patient, we opted for a conservative attitude which was followed by a complete spontaneous resolution of the penile ischemia. In our case, we decided to choose conservative treatment as there was no vascular deficit that resulted in complete recovery of the glans. To the best of our knowledge, this is the fifth case described as being resolved spontaneously without any additional therapeutic methods. The cause of penile ischemia in our case remains unclear, as the color doppler ultrasound was normal, no adrenaline or other irritative agent was used, the volume of local anaesthesia was adequate to the body mass of the patient, and no monopolar cautery was used. We could also exclude penile ischemia due to tightened sutures, as it resolved spontaneously without any re-intervention. The penile ischemia post circumcision is in the first hypothesis secondary to the local anaesthesia technique, type of product used, and/or volume of solution injected. The dorsal penile nerve block is the technique of choice for analgesia in circumcision as it is easy to perform and a safe procedure with a low complication rate of 0.18% [8]. Numerous authors cited the DPNB technique as a cause of penile ischemia due to endothelium damage caused by needle introduction and induction vasospasm of penile vessels [9].



Table 1A & 1B contain data concerning anaesthesia and surgical procedures. The most frequently used agents for DPNB are lidocaine, bupivacaine, and mepivacaine, whereas the use of ropivacaine is controversial as it possesses intrinsic vasoconstrictive action, especially at low doses [10,11]. The following solutions were used for local analgesia in the cases studied: lidocaine, bupivacaine, mepivacaine, xylocaine, ropivacaine, and carbocaine. According to Sara and Lowry, the volume of solution alone cannot be responsible for vessel compression and damage that may provoke penile ischemia [12]. However, the discussion about the molecule used for

local anaesthesia remains unanswered. Some considered that using a vasoconstrictor is contraindicated for anesthesia of extremities with terminal vascularization but remains a controversial issue. Only three of the 23 cases described in this review used a vasoconstrictor such as adrenaline for local analgesia [13,14]. Other potential causes of penile ischemia were tight sutures or too tight banding after intervention. Other hypotheses included concomitant use of an irritative substance such as thiopental or excessive use of monopolar cautery with an electrical current carried by the small diameter of the penis, which may lead to thermal injury [15].

 Table 1A: Numerical values denote the overall incidence of this element in data collected from literature.

Anaesthesia and surgery details	Clinical Findings	Biology	Radiology findings
Technic	Color	Elevated D-dimeres: 2 (8,7%)	Color Doppler
DPNB only: 17 (74%)	Change: 21 (91,3%)	Elevated WBC: 1 (4,3%)	Abnormal: 2 (8,7%)
DPNB and general anaesthesia: 4 (13%)	No data: 2 (8,7%)	Normal biology: 6 (26,01%)	Normal: 8 (34,8%)
No data: 6 (13%)		No data: 14 (60,9%)	No data: 12 (52,2%)
Product	Edema		Radioisotope perfusion study: 1 (4,3%)
Lidocaine: 4 (17,4%)	Yes: 8 (34,8%)		Gray-scale US:
Bupivacaine: 4 (17,4%)	No: 2 (8,7%)		Normal*: 2 (8,7%)
Mepivacaine: 3 (13%)	No data: 13 (56,5%)		Abnormal**: 2 (8,7%)
Xylocaine: 2 (8,7%)	Voiding problem:		No data: 19 (82,6%)
Ropivacaine: 1 (4,3%)	Yes: 1 (4,3%)		
Carbocaine: 1 (4,3%)	No: 7 (30,5%)		
No data: 8 (34,9%)	No data: 15 (65,2%)		
Use of vasoconstrictor: 3 (13%)	Pain		
Surgery:	Yes: 5 (21,7%)		
Use of monopolar cautery: 2 (8,7%)	No: 1 (4,3%)		
No data: 21 (91,3%)	No data: 17 (74%)		

* Both associated with normal Color Doppler

** One associated with normal Color Doppler and one associated with anormal Color Doppler.

Table 1B: Numerical values denote the overall incidence of this element in our case.

Anasthesia and surgery details	Clinical findings	Biology	Radiology finidngs
General anastesia	Color change	LDH elevated	Color Doppler normal
DPNB with bupivacaine	Light edema	D-Dimeres elevated	
No monopolar cautery	No voiding problem		

Table 1A & 1B integrates the clinical data and procedures used. (Details of individual cases are shown in Supplemental Table 1). Median age is 7 years (range from 13 days to 33 years), with only four patients over the age of 18. In 14 cases, the first symptoms were noticed less than 24 hours after surgery, in 6 cases between 48 hours and one-week post-operation, in two cases there is no data about the time of apparition [16,17], and in one case estimation

was difficult because of the delay between observation of the symptoms and admission to the hospital. A clinical exam with signs of abnormal penile perfusion, such as dark color of the glans, acute pain, or flaccidity of the penis, is used to diagnose penile ischemia. However, not all of the patients were in pain or had penile edema; therefore, all of them presented pale or dark penile glans. No infection signs were detected, and voiding difficulty was described



only in one case [18]. The most frequently performed additional exams were blood tests (D-dimeres, clotting profile, white blood cells, protein S and C, fibrinogen), and color-doppler of penile arteries. In 8 cases, there is no information concerning additional exams. However, the blood tests were within the normal range in most of the cases. D-dimeres were elevated in two cases, WBC were elevated in one, and LDH and D-dimeres were elevated in our case.

The results of the color doppler were mostly normal, except for one case. Gray-scale ultrasound was conducted in four cases, and in two of them, it revealed unexpected thickening and echogenicity of the surface of the glans penis, indicating more than simple edema. As a consequence, in those two cases, a diagnosis of superficial ischemia was proposed. Although the first case of postcircumcision penile ischemia was described in 1981 by Sterenberg et al., nowadays there are still no guidelines for optimal treatment of this rare complication. Nevertheless, the main objective of the treatment is to restore sufficient blood flow and oxygen delivery to ischemic tissue in the glans [19]. Hyperbaric oxygen therapy (HBOT), topical 10% testosterone undecanoate, intravenous or oral pentoxifylline (PTX), low-molecular-weight heparin (enoxaparin), intracavernous glycerol trinitrate and bupivacaine, intravenous infusions of prostaglandin analogues, antiplatelets, corticosteroids, nitroglycerol, antibiotics, surgical review and caudal nerve block. In our case, as in four others, treatment remained conservative, and evolution was favourable and led to complete resolution. In those cases, a comparison of patient data was conducted. Results showed that the age range of patients varied from 10 days to 10 years. In this study, the type of anaesthesia administered varied among the

cases. In two cases, general anaesthesia with DPN with bupivacaine was used. In another case, lidocaine with epinephrine was administered, while information regarding the type of anaesthesia used in two other cases was not available. The precise time of the clinical apparition was not available in most cases.

After 24 hours, it was noticed in our case as well as another. In this review, it was observed that all patients were presented with a change in the color of their glans. Additionally, one patient exhibited a blister on the skin of their penile corpus. The lack of commonalities among those five cases makes it challenging to determine whether there was a specific reason for their spontaneous resolution. Pentoxifylline (PTX) is a non-selective PDE inhibitor used as a hemorheological agent that improves peripheral blood flow and decreases blood viscosity. PTX was chosen as a therapeutic option in 5 cases; in one case it was used alone [20], and in four other it was combined with other treatments such block or topical testosterone, nitroglycerin, HBOT and antibiotics, caudal block, topic treatment with nitroglycerin and antibiotics. In one case, administration of the combination of PTX and HBOT was preceded by an intracavernous injection of another phosphodiesterase inhibitor, papaverine, that showed immediate improvement of the glans condition and led to complete resolution of penile ischemia in 7 days [21]; Sildenafil is a selective inhibitor of 5-phosphodiesterase and was administered orally in one case in addition to intravenous L-arginine hydrochloride with unfractionated heparin following caudal epidural bloc, angiography with intraarterial injection of alprostadil and nitroglycerin [22] (Table 2).

Conservative*	РТХ	НВОТ	Analogues of prostacylines	Testoster- one	Low molecular heparine	Caudal nerve block	Others
Total: 4 (17,4%)	Total: 5 (21,7%)	Total: 5 (21,7%)	Total: 2 (8,7%)	Total: 4 (17,4%)	Total: 5 (21,7%)	Total: 6 (26%)	Nitroglycerine: 3 (13%)
	Alone: 1	Alone: 2	Alone: 0	Alone: 0	Alone: 2	Alone: 2	Antibiotics: 3 (13%)
	in association: 4	in association: 3	in associa- tion: 2	in associa- tion: 4	in association: 3	in associa- tion: 4	Aspirine; 2 (8,7%)
	Resolution: 5	Resolution: 3	Resolution: 2	Resolution: 4	Resolution: 5	Resolu- tion: 6	Angiography: 1 (4,3%)
							Corticoides: 1 (4,3%)
							Sildenafil: 1 (4,3%)
							L-arginine:1 (4,3%)
							Hydrochloride: 1 (4,3%)

Table 2: Treatment. Numeric values indicate the frequency of therapy administration in cases described in literature review.

*Data concerning our case report is not included in Table 2.

Hyperbaric oxygen therapy raises the partial pressure of oxygen, improving oxygenation of ischemic tissues as well as increasing levels of growth factors, cytokines, and hormones via the intermediates of reactive oxygen and nitrogen, leading to neoangiogensis and healing of post-ischemic tissues. HBOT was chosen as the sole treatment in two cases, but the outcome was unsatisfactory due to the severe burn injury caused by monopolar electrocautery in one case, and plastic reconstruction was required in the other. However, in the case of this 13-day-old boy, first-line treatment was conservative, and de HBOT was administered only two days after the onset of penile necrosis [23]. In three cases HBOT was combined therapy with other therapeutic and was followed



by complete resolution. Iloprost and alprostadil are analogues, respectively, of prostacyclin PGI2 and PGE1, whose actions consist of inhibition of platelet aggregation and vascular smooth muscle relaxation [24]. This method was used twice in combination with other therapy and lead do complete resolution. Testosterone is known for its potential beneficial impact on endothelial cells and vascular endothelial growth factor expression that leads to improvement of the penile blood supply and revascularization of the glans. In four cases this method in combination with other methods led to complete resolution. Anticoagulant therapy with low-molecular-weight heparin alone or in combination was used successfully in 5 cases.

proposed LMWH as a first-line treatment, especially in cases of elevated D-dimeres, as enoxaparin is a safe anticoagulant in primary prophylaxis and the treatment of thromboembolism in pediatrics. The effectiveness of using the caudal bloc alone to decrease sympathetic tone and enhance arterial supply was demonstrated successfully by Kaplanian et al. and Berenes. In four other cases association with other therapy led to complete resolution of the ischemia of the glans. Additional therapeutic solutions were surgical revision, antibiotics, nitroglycerine, acetylic acid, and corticoids. In four cases, surgical revision was done with restoration of the sutures, and in one case, digital subtraction angiography was performed. Nitroglycerine was used as a spasmolytic agent during digital subtraction angiography, as a topic, and as an intracavernous injection in addition to other therapeutic methods. Although in all cases neither clinical nor biological signs of infection were detected and the use of antibiotics was not necessary in most of the cases, in three of them topical gentamicin, oral levofloxacin, or

amoxicillin with clavulanic acid were administered. Acetylic acid was used in addition to other therapeutic methods in two cases [25,26], and corticoids were used in one case. Out of 23 cases, 21 were managed successfully and led to complete resolution of penile ischemia, independent of the method that was chosen. In the two remaining cases treated ineffectively by HBOT, the possible causes of failure were delay of admission and severe thermal injury during circumcision.

Conclusions

In this review, we analyzed 23 heterogeneous cases in terms of age, circumcision technique, anaesthetic technique, delay of apparition, and delay of admission, therapeutic method. All details are contained in Table 3. As a consequence, it is difficult to make an association between therapeutic methods and their impact, as the outcome is probably multifactorial. Penile ischemia is an organ-threatening condition, and many practitioners did not take the risk to choose conservative treatment, it may be justified to limit therapeutic methods and avoid overtreatment. As mentioned, caudal block, PTX, and heparin infusion separately led to complete resolution in 5 cases, and in 3 other cases, recovery was obtained without any treatment. However, use of a vasoconstrictor in local anaesthesia is controversial and was mentioned as a potential explanation of penile ischemia; therefore, a vasoconstrictor agent was used only in three cases, so probably it is not the main cause of this condition.

Table 3: 23 heterogeneous cases in terms of age, circumcision technique, anaesthetic technique, delay of apparition, and delay of admission, therapeutic method.

Age of patient	Characteristics of anaesthesia	Delay of apparition and type of first symptoms	Blood test results	Additional tests	Treatment	Evolution	Hypothesis
20 years	1% Mepivacaine hydrochloride DPNB	24 hours; brownish color and edema, ne- crotic appearance, no voiding problem	Blood count, chemistry, bleeding-clotting profile normal	Color Doppler US normal	Levofloxacine 550mg for 15 days, aspirine 330mg for one month, predni- sone 25mg for 15 days, hyperbaric therapy for 15 days	Normal color and trophism after 15 days of treatment	None
10 years	DPNB	2 hours after surgery	No data	Color Doppler US: weak flow of the penile artery, progressive worsening	Pentoxifylline for 6 days, topical testosterone and a caudal blocking (for 48 hours)	Favourable evolution within a few hours and complete resolution in 6 days.	DPNB seems to be the most frequent cause
33 years	DPNB with 7 mL of the anaes- thetic agent containing 2% lidocaine	24 hours; deep purple color of glans	No data	No data	Intracavernous injection of papaver- ine (30mg) pentoxy- filline and hyprbaric oxygenation (2,5 atm) for 5 days	Complete res- olution after 7 days	Surgical trau- ma, pressure upon the vessels by the anaesthetic solution or lo- cal hematoma and prolonged vasospasm can be possible causes.



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9 years	DPNB 3ml 0.5% bupivacaine, general anaes- thesia, bipolar diather- my	4 hours; flaccid penis with a significantly ischaemic, poorly perfused, almost black, glans	No data	Color Doppler US: good blood flow in both penile arteries distal to the block site.	Caudal block 15ml plain bupivacaine 0.25%	1-2 minutes; improvement in the color and perfusion of the glans 10 minutes; further improvement over the next 10 min	The cause is likely to have been localised veno/vaso- spasm at the glans sec- ondary to the surgery or the dorsal penile nerve block.
Case 1: 13 months Case 2: 3 years	Both cases: gen- eral anaesthesia (thiopentone with nitrous oxide, oxygen and halothane supplement), DPNB with bupivacaine 0.50 without adrenaline Case 1: metal bell clamp and Case 2: a classi- cal circumcision Case 1 two injections either side of the dor- sal vein of 0.5 ml Case 2 one injection in the midline of 1.5 ml In both cases: a 25-gauge needle and a two-millil- itre syringe was used.	Case 1: 1 st postoper- ative day skin of the glans 'deep' red and in part 'black'. Case 2: 3 rd day, the penis was 'very dark'.	Coagulation tests within normal range	Case 2: radio- isotope perfu- sion study	Case 1: Conservative treatment Case 2: infusion of normal saline with heparin at a rate of 25 units/kg/hr 4 days	Case 1: 2 weeks: small loss of dorsal coronal skin with scaring Case 2: sev- eral days the color of the glans lightens	Arteria damage
6 months	DPNB 2% lido- caine without adrenaline	Several hours; cyanotic glans with a moderate edema of the dorsal penile skin, no voiding difficulty	Plasma level of D-dimer: 8.57 mg/L (normal level 0–0.5 mg/L).	Color Doppler US: normal	subcutaneous injec- tion of enoxaparin as a single daily dose of 1.25mg/kg, topical 2.5% DHT twice daily.	2nd day: improvement 5th day al- most normal	ischemia might be due to the tight bandage on the base of glans with a consequent ve- nous obstruc- tion.
24 years	DPNB with 10 ml of 2% mepiv- acaina. monopolar electro-cauteri- zation	24 hours: black color	No data	Color Doppler US: cavernosal and dorsal artery flow normal echogenicity of the corpora cavernosa and spongiosa normal	Intracavernosal 2.5 µg PGE1 injection, pentoxyfilline 100 mg in 500 ml normal saline solution at 100 ml/h than in- creasing dose every day, after 4 days per os, Hyperbaric therapy 2.5 atm 4 h per day for 7 days., Amoxicillina 875 mg + clavulanic acid 125 mg per os for 8 days.	8 days: complete resolution	

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33 years	DPNB lidocaine 2% and carbo- caine	24 hours; painless black colored cold skin	No data	Post-circum- cision Reoperation: Intraoperative color-Dop- pler was performed, at- testing a good vascularization of the penis and glans	Reoperation, the glans heated up in warm saline 30min, the suture was renewed with a less tightening purpose Enoxaparin 2000 IU subcutaneously with 100 mg of acetylic acid per os for 20days	Improvement after 24 hours and complete resolution after 5 days	
13 days	No data	72 hours; necrotic glans-penis without signs of inflammation, infection nor demarcation line.	No data	No data	7 days of hyperbaric therapy	Necrotic part fell off sponta- neously. In this case the glans-penis could not be rescued. Plastic recon- struction was done.	
16 years	DPNB 15 mL of 0.25% bupiva- caine each side.	24 hours; pain, black discoloration, and swelling of the glans.	blood count, lactate, D-dimer, and clotting profile within normal limits.	Color Doppler US: normal Angiography under seda- tion, internal pudendal ar- tery explored selectively via microcatheter, no vasospasm or thrombus was detected.	Caudal epidural block, Intra-arterial Angiography with spasmolysis with a bolus of 5 µg alprostadil and 150 µg nitroglycerine. Sildenafil (1 mg/kg orally once a day), L-arginine-hydro- chlorid (0.1 mg/kg/ hour), and unfrac- tionated heparin (15 units/kg/hour, up to 20 units/kg/hour depending on partial thromboplastin time)	Improvement after 2 days.	Excessive dose 15 mL of bupivacaine on each side may have led to a transient vasospasm.
8 years	DPNB with lido- caine hydrochlo- ride 20 mg/mL and epinephrine 12.5 mcg/mL per 2 mL	1 hour; swelling, pain sensation, glans was paler, incarcerating crust, blister, swelling improved.	No data	No data	Conservative treatment. Saline compress and crust cleansing	3rd day, yellowish-ne- crotic tissue on the lateral side of the glans. One week after the circumcision, the wound at the glans and corpus was improved.	Probably caused by incarcerating crust/scab, which could also have hap- pened in the other circumci- sion cases.
Case 1: 3 years Case 2: 4 years	No data	Case 1: 7 days, black discoloration of glans penis and voiding difficulty, edema, necrosis Case 2: 3 rd day, pain, brownish discoloration and edema of the distal half of the glans, a flaccid penis, poor per- fusion and an almost black glans, no voiding difficulty.	No data	1. Color Dop- pler US normal 2. Color Dop- pler US normal	Opening the skin su- tures, irrigating the wound, and urethral catheterization. 10 % testosterone undecanoate cream twice a day to the penis for 1 month	Improvement after 7 days. Complete resolution.	

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3 years	DPNB: 2 sub-pu- bic symmetrical 2 mL injections of 1% mepiva- caine without adrenalin	48 hours; pain, signifi- cantly ischemic, poorly perfused, almost black glans.	increase of white blood cells count > 25000/mm	No data	Liberation of the suture with a pos- terior therapeutic caudal block with bupivacaine 0.25% 1 mL/kg topic treatment with nitroglycerin and gentamicin and oral administration of pentoxifylline 60 mg/8 h	48 hours; im- provement	
7 years	DPNB with 0.1% xylocaine containing ephedrine	After 24 hours a painful swelling, dis- coloration, black and necrotic appearance of the glans penis, edema on the dorsal penile skin. The urethra, cor- pus spongiosum, and both corpora cavernosa were flaccid. No void- ing problem.	Blood test: nor- mal but D-dimer: 2.57 mg/L (nor- mal 0–0.5 mg/L).	Grayscale US: corpora spongiosa and cavernosa with normal tissue echogenicity. Thickening and echogenicity of the surface of the glans penis more pronounced than expected for simple edema. Color Doppler US examination: normal penile and glandular blood flow	On the first day sub- cutaneous enoxapa- rin 2000 anti-factor Xa IU. Next 4 days, enoxaparin anti- factor Xa 50 IU/kg subcutaneously as a single daily dose.	48 hours: the glans penis changed from black to a brownish color, and on the fifth day, the dark color had vanished fifth day, the D-dimer level was normal and enoxapa- rin treatment was stopped.	Diagnostic of superficial glans ischemia
7 years	No data	Less than 24 hous; cya- nosis of glans penis.	No data	No data	Hyperbaric oxygen therapy was ad- ministered in the following days, the lesion worsened and resulted in sig- nificant tissue loss involving the whole glans and the distal parts of the penile shaft	No complete resolution.	The monopolar electrocautery caused a severe burn injury on the glans of the child.
11 years	DPNB with 0.1% xylocaine	24 hours; black color and swelling of the glans penis edema, no voiding problem	No data	No data	Pentoxifylline injections, 10 mg/ kg divided into four equal doses daily for 5 days	48 hours im- provement	
11 years	DPNB 3 mL of 0.25% bupiva- caine solution.	Admission 3 days after but no information about delay of appari- tion of the symptomes. Edema and a necrotic appearance of the glans.	No data	No data	Glycerol trinitrate (3 mg/kg, 2 mL) was administered to the cavernous body, epidural nerve block with Bupivacaine 0.0625% for 5 days, Rheomacrodex infu- sion for 6 days	Improvement after 3 days.	Probably vasoconstrictor agent used for anaesthesia.



14 days	No data	No data; black discolor- ation of the glans penis, no voiding problems, no fever	Blood test: normal	Gray-scale US: normal echogenicity of the corpora cavernosa in contrast with the hypoechoic glans penis tissues, con- sistent with ischemic tissue Color Doppler US: normal flow within the cavernosal arteries but no vascularity in the superficial glans tissues, consistent with ischemia	Conservative treat- ment	Four months later, a follow-up color Doppler sonographic examination was per- formed. Small bright hypere- choic foci scattered at the periphery of the penis over the for- mer ischemic region of the glans were observed	
10 years	No data	3 days after black necrotic, no voiding problem, no fever.	Normal blood test .	No data	Conservative treat- ment	17 days after necrotic glans fell off and showed healed distal portion of corpora.	Constricitf ef- fect of dressing
18 years	Anaesthesia was induced with propofol (200 mg), fentanyl (50 μg), and a laryngeal mask, DPNB with a total of 8 mL of 0.75% ropiva- cain	Pale after surgery pallor of the tip of the glans. There was no edema	No data	No data	Following surgical review, the dress- ings were removed with only marginal improvement. Subcutaneous Fragmin (dalteparin sodium) 15,000 IU, iloprost infusion (0.5 to 2 µg/h)	43 hours; complete resolution	
2 years	DPNB 1.2-ml solution con- taining adrena- line 1 : 1000.	Vasoconstriction and ischemia of penile glans	No data	No data	Caudal block	Complete resolution	

However, color doppler showed anormal blood flow only in one case, blood tests showed increased D-dimer and WBC only in three cases, and greyscale US was performed only in two cases, revealing signs of superficial ischemia; therefore, in eight cases out of 23, there was no information about complementary tests. As a consequence, we suggest doing color doppler, grayscale US, and blood tests with D-dimers and WBC in all patients with clinical suspicion of postcircumcision penile ischemia, as we need more data in order to conclude the pathogenesis and elaborate the therapy protocol. For future cases, it is essential to determine the precise volume and type of solution used for anaesthesia, the delay of the apparition of the symptoms, and the delay between the beginning of the treatment and clinical improvement in order to establish the protocol to follow in post-circumcision penile ischemia. In order to minimize the risk, we recommend avoiding the use of vasoconstrictive agents when performing a dorsal penile nerve block, preferring bipolar cautery during surgery, and not using a postoperative bandage.

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