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**Review Article** 

# Failure of Soft Biological Tissues Inserting of Needles

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#### **Abstract**

This research aims the failure of soft biological tissues in the context of minimally invasive surgery based on numerical analysis that fits experimental results. Using robotic arms for assistance in medical procedures during the last years led to new trends in the development of devices for inserting needles into biological tissues, as well as expansion of studies for the development of new types of needles. A better understanding of the mechanical interaction between a medical tool and a biological tissue requires not only detailed investigation and experimental testing but also study for evaluation of the tissue characteristics and the effect of the needle geometry on the process. The purpose of this first study is to investigate the mechanical properties of soft medical tissues, and the force reaction at needles and to study necessary aspects for performing FEA numerical analysis with better results and better correlation with experimental data.

Keywords: Biological Tissues; Surgical Needles; FEA; Nonlinear

## Introduction

Today, surgical robot systems combine the latest innovations in the fields of engineering, mechanics, materials science, controlling system, and management of information used in robotic technology  $[1\text{-}3]. \, Robotic \, control \, is \, the \, system \, that \, contributes \, to \, the \, evaluation$ and optimization of the movement of robots based on sensors and other devices for tracking including evaluations based on imagistic data. In the medical field, robots are used to make precise movements that are very difficult directly by a human. Minimally invasive laparoscopic techniques are based on small incisions of the abdominal wall allowing access to surgical needles and cameras. This technique assures significant advantages in transporting medication during brachytherapy medical procedures such as the low risk of infection, avoiding the loss of too much blood, reducing tissue damage and trauma to the human body, guaranteeing faster convalescence of the patient, and precise handling of medical instruments to the target location [4-8]. Nevertheless, still exist a broad range of available challenges and opportunities to improve the surgical robotics performances by focusing on the kinematic chain and the geometric parameters [9-11]. Specific medical procedure for brachytherapy has two phases defined as active or passive based on their importance in medical evaluation, impact on surgery risk, and medical procedures defined before real surgery

time. For a medical procedure that involves medical drugs needed to be transported inside a tumoral liver, the medical phases are related to a robot strategy defined in a similar way as passive for initial positioning and active as needle penetration.

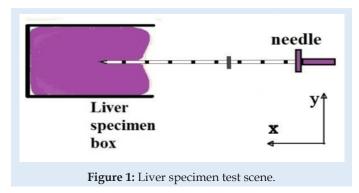
Each control strategy phase has a different requirement value for precision in 3D space positioning. For the active phase are needed smaller values for robot requirements for end-effector positioning than values for the passive phase. The robot concept and design should follow these requirements. The development of adequate systems for medication and transport is required knowledge of many characteristics of the tissues in which these drugs will be transported, dynamics of the transportation task, medical drugs type, depth of the necessary insertion, possible collision detection check with inadequate areas, retracting procedure phases evaluation and study for evaluation of the multiple-needle insertions, etc. The tissue dislocation by inserting needles involves several phenomena of interaction between parts governed by different mechanical laws from the physics of solid dynamics. The process of inserting needles into the materials involves primarily a tensioning and a dissociation (rupture) of the affected material which is predominantly a phenomenon of fracture mechanics and secondly a phenomenon of material displacement by widening the cracks that appeared in the base material. The first task in any experimental test preparation

is to study for mechanical characteristics of the materials involved. For establishing these mechanical properties was realized an FEA correlation analysis of the model based on the experimental test. Experimental determination of mechanical properties of tissues requires test conditions, test devices, and equipment appropriate to the measuring range and specific measurement conditions [12-16]. The vast majority of biological tissue properties are inhomogeneous with very spread values of mechanical characteristics even between small adjacent areas, with mechanical properties and main directions which vary greatly depending on the conditions of the experimental test, vascularization, the location from where tissues were extracted, fixation system for testing, transport and storage conditions, etc. These values for mechanical characteristics of tissues are even more sensitive in the case of living tissues (in vivo). Test conditions should be carefully established. The most important experimental testing conditions are temperature and humidity. All mechanical characteristics are very sensitive to these values. Special testing chambers should be used to control these conditions [17].

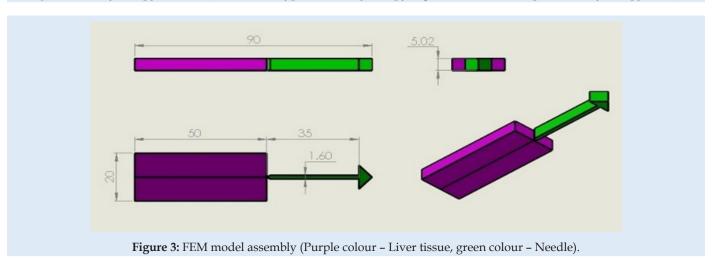
#### **Experimental Results**

The experimental testing scene is schematically presented in (Figure 1). The specimen material was a pig liver with a cuboid shape that fits into a specimen box with dimensions presented in (Figures 2 & 3). Experimental results are according to [4]. Results

obtained for material characteristics based on many authors reveal differences between the mechanical properties of liver tissues. For example, the young modulus for liver tissues according to other authors' research can vary between  $0.01 \div 20$  MPa [18,19]. There are some differences between measurements obtained in experimental tests on human liver and liver obtained from the pig specimens. Some mechanical properties of tissues are considered variable for the optimization process used in the numerical simulation using FEA and trying to match the experimental curve presented in (Figure 4). These variables are defined in (Table 1). Initially defined in set-1 and during optimization until the last step in set-5. Each set is a group of predefined fixed values for the young modulus of the tissue with many other optimization steps under for the rest variables more sensitive [20-27].







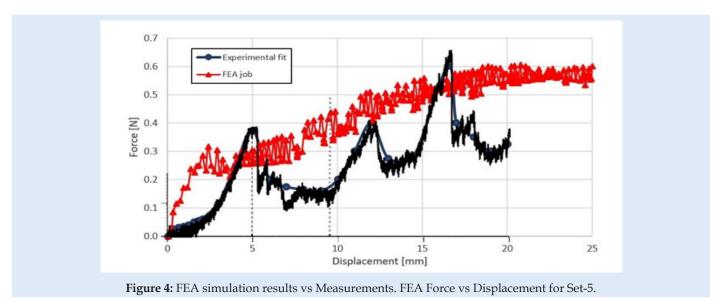


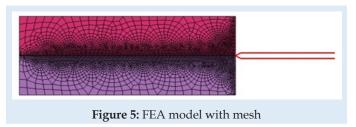
Table 1: Optimization sets.

Optimization sets									
	Set								
Variable	1	2	3	4	5				
E-Young [MPa]	100	10	1	0.1	0.01				
Poisson ratio	0.48	0.35	0.45	0.45	0.45				
Friction coefficient	0.15	0.05	0.02	0.01	0.01				
UTS [MPa]	2	1.2	0.6	0.2	0.07				
UD [mm]	0.2	0.2	0.2	0.1	0.1				
Ref Force [N]	14.5	11	5.5	1.7	0.6				

#### **Simulation Test**

A novel virtual needle insertion simulation test is presented using a non-linear FEA with large displacement, damage to the material, friction, and contact conditions. The FEA is a method that uses decomposition of the continuous domains into a set of discrete sub-domains to solve problems that involve complex elasticity from structural analysis problems based on an energy principle and using some structural behavior idealization reduced at each small element area. Such reduction of a complex domain at a small volume provides a great advantage to employing local deformation or stress-state comprehensively. Finally, the entire domain behavior is recomputed by a field of each output parameter like a sum of all results at specific locations named nodes spread over the domain. FEM considered for simulation is a 2D with planestrain behavior. Units used for simulation were [mm, Newton, MPa]. The model is considered symmetrical. The needle part was considered rigid because in an ideal model with isotropic material and a symmetrical model specimen the lateral deformation in the needle is near "zero" unless post-buckling behavior exists. Future research can involve other biocompatible materials like Stainless Steel. A large-strain elastoplastic material model was used for the tissue part. Penetration forces were measured only in the x-direction (Figure 1). The speed of the needle in the insertion

phase is 1mm/sec described by imposed displacements. The needle diameter is 1.6 mm. FEM dimensions are presented in Figure 3. Is used 6059 FEA elements with plain-strain behavior. Plate thickness was considered 5.02 mm, a complete length circle with 1.6 mm diameter. Mesh size varies depending on interest between 0.001÷2mm. For mesh quality number of trials was kept under 2.5% and zero elements in middle areas for elements with aspect >2 for tissue material. According to [28-30] the human liver density is around 1.0. In calculation is used 1.05 [g/mL] (Figure 5).



Figures 6 & 7 present stress and displacement fields at skin penetration, around the value of 2.5 mm displacement of the needle. Figures 8 & 9 present stress and displacement fields at 50% from the entire simulation time (12.5 mm x-displacement at needle). Figures 10 & 11 are presented stress and displacement fields at end of the simulation time (25 mm displacement at the needle in the X direction). FEA simulation results and curve presented in (Figure 4), show a variation around a median value not only because of FEA idealization and mechanical dynamics but also because of sequential behavior of material based on the stress-strain-damage curve of tissue material idealization presented in (Figure 12). Advantages of using the FEA simulation test for medical purposes:

- a) Results parameters could be viewed in the field over the domain, at any specific location, or in a specific direction in the case of vector or tensors.
- Results distribution reveals some concentration tendencies in specific zones, in most cases impossible to observe by other methods.

- c) Probabilistic failure of materials based on definitions is shown very clear as location and as safety distribution.
- d) Possibility to extend the study for more variable domains, boundary and test conditions, structure behavior at new loads and other materials, improve the initial design, optimization based on various variables, and general conditions most of
- them external to the initial project.
- e) Medical domain even is one of the most important domains of our daily life, still offers fewer details about procedures. More study is needed for many aspects related to humans and not only human body parts behavior. But we, humans, are only at the first steps.

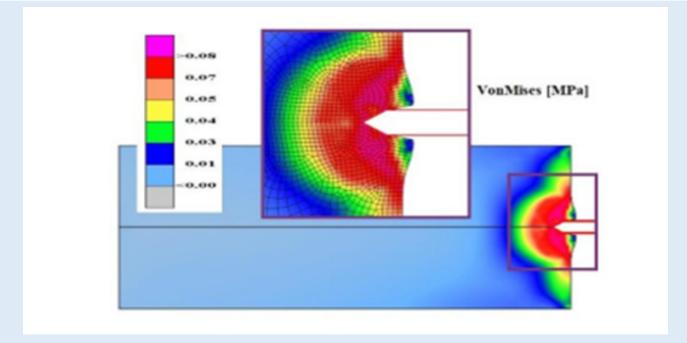


Figure 6: FEA simulation results. Von Mises stress at skin perforation.

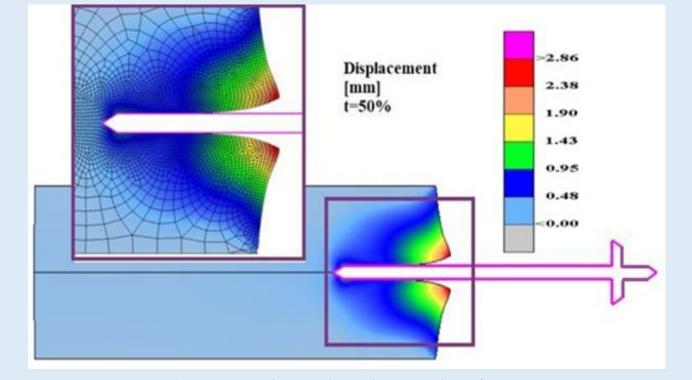


Figure 7: FEA simulation results. Displacement at skin perforation.

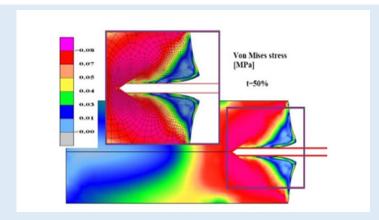


Figure 8: FEA simulation results. Von Mises stress at middle step.

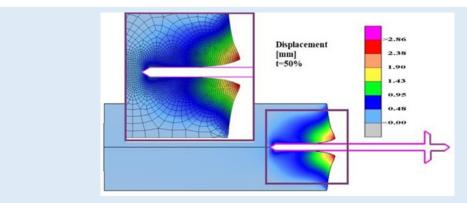


Figure 9: FEA simulation results. Displacement at middle step.

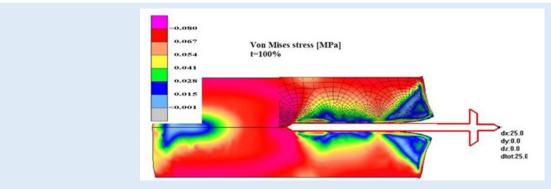


Figure 10: FEA simulation results. Von Mises stress at end of test.

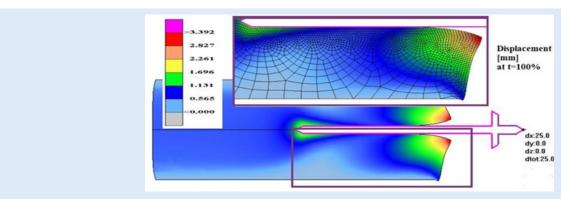


Figure 11: FEA simulation results. Displacement at end of test.

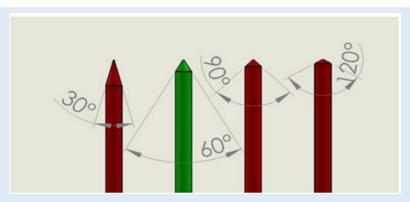
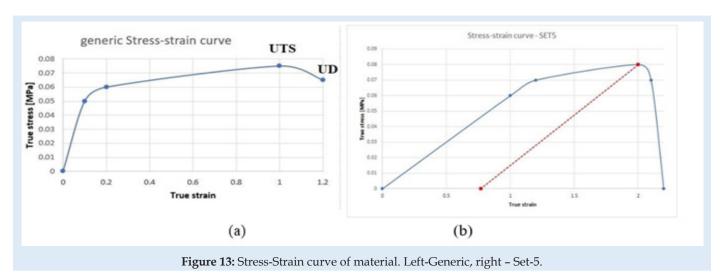


Figure 12: Needle end-tip geometry- arrow angle. In green colour - current used. In red colour - Possible for futures study.

In green colour - current used. In red colour - Possible for futures study For this FEA simulation was used non-linear solver from CalculiX software. Mesh discretization was made using Gmsh software. Solving nonlinear problems involves a combination of incremental and iterative procedures using the Newton method to solve the nonlinear equations. When material damage initiates, the stress-strain relationship no longer accurately represents the material's behavior. Continuing to use the stress-strain relation will introduce a strong strain concentration depending on the energy dissipated highly influenced by mesh size. Then probably mesh needs to be refined. But here is used a different approach is required following the strain-softening branch of the stress-strain response curve based on experimental observations that stress decreases dramatically. Next to the UTS point is used Hillerborg's [31,32] fracture theory based on energy for the use of a stress-displacement response after the damage is initiated. Minimum incremental steps limits used were 1e-15 from simulation step length.

Liver tissue material is considered here material with isotropic hardening behavior and is presented in (Figure 13). generic in (a)

and only for SET-5 in (b). Is defined as generic because the curve doesn't remain fixed at each sub-set, depends on the Ultimate Tensile Stress (UTS), the Ultimate Damage (UD) parameters presented in (Table 1) and the elastic limit of the material as 90 percent from UTS. Other authors show that a hyperplastic material behavior for soft tissues could have better results in compression and even in tension [33-37]. But FEA simulation is difficult to implement using hyperplastic and damage in the same simulation because of structural instability. A new material behavior investigation is needed. The fracture of material grains appears in most situations in the tension state of the material. Many material behaviors today are under re-evaluation and development of new theory for complex and more complete stress- strain-damage-state behavior of materials. Experimental results show that the skin penetration is evaluated at a 5 mm displacement of the needle. This was reconsidered in FEA simulation only at 2.5 mm displacement at the needle. The differences between experimental and FEA results we will study in the future. The liver material and skin are more complex and with more irregularities.



Reaction force at the needle is a nonlinear function that depends on many characteristics of tissue, the geometry of the needle, insertion speed, etc. This formula is affected more in the case of a full simulation test when we are interested in the force near the final point of the process and can be expressed as:

$$Force(needle) = f(E, UTS, UD, fric, v)$$
 eq. 1

where  $\nu$  is the Poisson coefficient for tissue material and in the previous formula the influence of the geometry of the needle is not considered.

(Figure 14) can see the reaction force at the needle during the complete cycle of analysis when only the optimization parameter young modulus of material (E) or friction coefficient is changed. Similar results are presented in (Figures 15-17), but for changes in UTS or UD optimization parameters. sensitivity analysis is considered based on objective function variation during variation of optimization variables with one parameter variable and all other fixed. The objective function for optimization evaluation is the difference between reaction force in the X-direction at the needle and the force obtained in experimental results (0.6 N at the fit curve) at the optimum point check location. The point of the

optimum check is the needle displacement of 16.5 mm (Figure 4). Optimization variables for each sub-set are Poisson ration, friction coefficient, UTS, and UD parameters. Accepted variation of each optimization variable is considered in domain  $[0 \div 200\%]$  from his initial with fixed 5 values equal spaced. Optimization objective function has the form:

$$\min(\left|Force(needle) - F_{ref}\right|)$$

Where  $F_{\rm ref}$  is considered 0.6 [N] for optimum point check location.



Figure 14: Reaction force for Set-5. Left - at variation of young modulus, right - at variation of Friction coefficient.

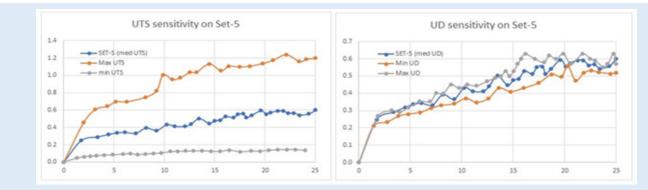


Figure 15: Reaction force for Set-5. Left - at variation of young modulus, right - at variation of Friction coefficient.

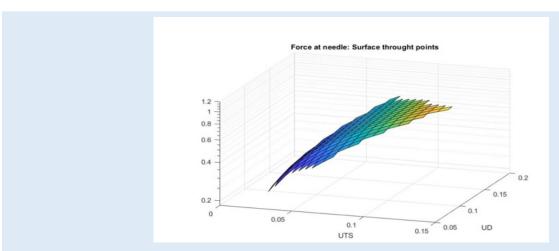
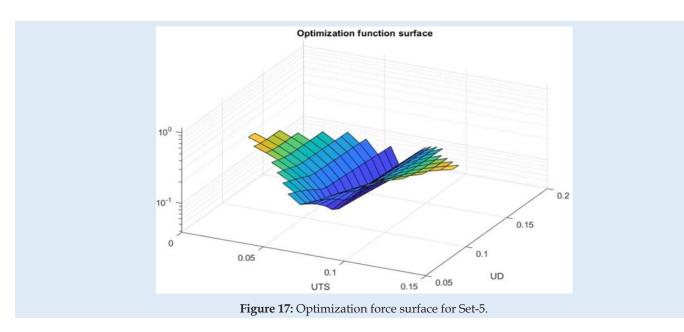


Figure 16: Reaction force for Set-5. Left - at variation of young modulus, right - at variation of Friction coefficient.



Because of the nonlinearity of the reaction force at the needle, the optimization method needed many steps and time for numerical simulation and post-processing of the results. In (Table 1) are presented only the best results from each sub-set considered. for each next simulation set for the evaluation, the initial values were

considered optimum results from the previous set. A summary of the results from sensitivity evaluation at set-5 is presented in (Table 2). For each optimization parameter alone was made FEA until the final insertion displacement. the reaction at the needle is most sensitive to UTS and UD parameters.

Table 2: Sensitivity results.

SET- 5 sensitivity		Min	Deviation [%]	Median	Max	Deviation [%]
Young modulus	E [MPa]	0.02	-80.00	0.1	0.2	100.00
	Force [N]	0.52	-5.45	0.55	0.57	3.64
UTS	UTS [MPa]	0.01	-87.50	0.08	0.15	87.50
	Force [N]	0.14	-74.55	0.55	1.11	101.82
UD	UD [-]	0.05	-50.00	0.1	0.2	100.00
	Force [N]	0.43	-21.82	0.55	0.63	14.55
FRIC	Fric [-]	0	-100.00	0.01	0.05	400.00
	Force [N]	0.52	-5.45	0.55	0.58	5.45

### Conclusion

- a) Simulation tests show a good correlation with the experiment. A small number of specimens and simulations considered cannot allow a complete study of the liver stiffness in all real conditions during injection with drugs. Future study is recommended.
- b) Non-linear specimen simulation test until 25 mm final displacement shows that mathematical model is not relevant sensible for Young modulus and the Poisson coefficient for the liver specimen. Sensitivity analysis reveals that the most important tissue properties are stress at damage initiation and deformation at full damage.
- c) This study can be improved by considering more complex biological parts in tissues (vein, material density variation, principal directions, etc.).

- d) New study needs to be developed for more experimental testing conditions with measurements of the forces not only in the vertical direction. Also, simulation and experimental tests with different types of needle-tip, speed, and penetration angle conditions are necessary.
- e) Future study can be developed with current FE model for optimum needle design, insertion speed, inclination angle of insert direction, maximum depth, retractive forces, evaluation of ultrasonic guided needles during entire procedures, interactive virtual simulations in conjunction with roboticarms movement, effect of deviation from initial insertion path, evaluation of haptic devices in case of soft tissue with obstacles (tumors), etc.

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