



# Osteogenesis Imperfecta: about One Case and Literature Review

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## Abstract

Osteogenesis imperfecta is a rare congenital pathology with an incidence approximately 1/15,000 to 1/20,000 births. It is an autosomal dominant genetic disease caused by an abnormality type I of collagen with a mutation in the COL1A1 or COL1A2. It is characterized by a frailty and bone deformity with growth retardation. It can be viable or lethal, according to the type. Prenatal diagnosis is based in imaging examinations and can be confirmed by cytogenetic examination. In our country, financial problem is often a blockage for prenatal imaging examinations and the technical platform is insufficient for a cytogenetic examination. The aim of our study is to describe an osteogenesis imperfecta case, in order to improve its prenatal diagnosis and to demonstrate the interest of the fetal autopsy in a country where the means of diagnosis are limited. This is to properly guide genetic counseling and for a better care of a subsequent pregnancy.

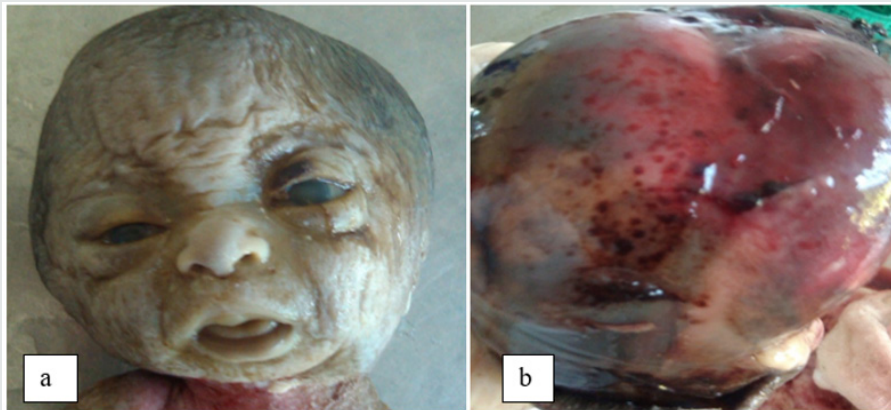
## Introduction

Osteogenesis imperfecta is a rare congenital pathology characterized by a frailty and bone deformity with growth retardation [1]. Its incidence is approximately 1/15,000 to 1/20,000 births [2,3]. It is more often as not transmitted in an autosomal dominant way and due to an abnormality type I of collagen with a mutation COL1A1 or COL1A2 genes [4]. According to the classification of Silience and Glorieux, it can be viable or lethal [5]. The objective of our study is to describe an osteogenesis imperfecta case in order to improve its prenatal diagnosis and to demonstrate the interest of the fetal autopsy in a country where the means of diagnosis are limited.

## Case Presentation

We report a case of 28 weeks amenorrhea (SA) fetus referred to the UPFR for pathological Anatomy and cytology department for brevity of the limbs. It is a spontaneous pregnancy and the parents had no particular personal or familial medical history. At the autopsy, the measurement of the biometric parameters revealed a growth

retardation compatible with 22SA fetus; vertex-heel distance of 22 cm (5 °p), vertex-coccyx of 19 cm (5 °p), head circumference of 25 cm (25-50 °p) and 4 cm (5 °p) foot. On examination of the head (Figure 1), we observed a cranio-facial dysmorphism like a clover head, prominent forehead, hypertelorism, low inserted ears, anteverted nose, long philtrum with retrognathism. At the opening of scalp [figure 1b], the dome of the skull was without bony structure and reduced in conjunctive membrane with petechia. The encephalon examination was impossible owing to the lyses. The examination of the trunk was without particularity. The dissection of the thoracic, abdominal and pelvic viscera showed no abnormality in shape or volume. On examination of the limbs (Figure 2), the fore-arms were curved and the legs were saber with hypoplasia of the big toe and internal gust. The bone radiography showed bone hypodensity of severe bone deformities and multiple fractures of the long bones. In total, this is a hypotrophic fetus with cranio-facial dysmorphism, demineralized dome of the skull, severe bone deformities and multiple fractures. The diagnoses of osteogenesis imperfecta type II was suggested face to these morphological signs.



**Figure 1:** a: facial cranial dysmorphism (clover head, prominent forehead, hypertelorism, flat nose root); b: demineralized dome of the skull.



**Figure 2:** Saber deformation of the leg and fracture.

## Discussion

The osteogenesis imperfecta is a rare disease, often due to a mutation in the COL1A1 or COL1A2 on chromosome 17q21, 33. Its transmission can be autosomal recessive or dominant depending on the type [1]. Its incidence is from 1/15,000 to 1/20,000 births [2,3]. In our study, no particular medical history of malformation was observed from the parents which demonstrated the De Novo nature of the mutation, in favor of an autosomal dominant disease. To our knowledge, it is the first case described in Madagascar. According to the classification of Sillence and Glorieux, there are 18 types of osteogenesis imperfecta, depending to the affected gene and clinical severity. Types I to IV are the most frequent and the others are very rare and exceptional. Types I, III and IV are compatible with life whereas type II is lethal. The latter is clinically characterized by short long bones, severely deformed with in utero fractures. The entire skeleton is weakly mineralized.

Antenatal diagnosis is based on imaging tests. Morphological ultra sound of the fetus allows to observe some signs which can guide the diagnoses, especially in case type II, characterized by a weak echogenicity of the bones, a deformation of long bones and

multiple fractures [1,7]. In our case, the ultra sound showed brevity of the limbs. A multi cut uterine content CT scan with an average dosimetry of 3m GY is indicated in front of any suspected congenital bone disease [7]. It allows a reconstitution in 3 dimensions and this facilitates the precise analysis of the pelvis, spine, ribs, facial bones and bones of the inner ears [7]. Magnetic reasoning imaging is indicated for the detection of cerebral, thoracic, digestive and urinary anomalies. It is complementary of diagnosis from the second trimester. It gives a good image quality, it is independent of the fetal position and has no harmful effect. In our study, neither computed tomography nor magnetic reasoning imaging was performed to refine the diagnosis.

In post-natal or post-medical termination of the pregnancy, the ultra sound of fetus before autopsy is an essential examination face to a congenital bone disease. It shows a hypodensity of all the bones, curvature of long bones, multiple fractures, vomer bones of the skull, a thorax in a chain, and an agenesis of the bones of the inner ear [1,3,4]. In our case, the X-ray showed bone hypodensity, bone deformities and multiple fractures, but it could not be done before the autopsy, which did not allow observing the skull and the rib cage.

The fetal autopsy reveals a stunted growth, a demineralized skull and the blue sclera [1,2,6]. Other signs such as imperfect dentinogenesis and scoliosis can be seen in non-lethal imperfecta osteogenesis. In our case we observed stunted growth cranio facial dysmorphism with demineralization of the skull, severe bone deformation and multiple fractures. These malformations, associated with radiological signs, allowed us to evoke the diagnosis of imperfecta osteogenesis type II which is lethal.

For the taking care, in case of type I, III, IV, the objectives of the treatment are to reduce the fractures, optimize the motor functions and to promote the patients independence the means used are surgery functional or medical treatment with bisphosphonate [1,3,5]. For type II, a medical termination of pregnancy is often the first recommendation [3,5]. In our case, the result of the autopsy helped to guide genetic counseling by recommending medically assisted procreation for any subsequent pregnancy in order to detect the disease earlier. From the prognostic point of view, the lethal form ends in perinatal death due to respiratory distress syndrome [1,3]. The non-lethal forms are compatible with life and the patient can be independent if the treatment is adequate and well followed [8].

## Conclusion

Osteogenesis imperfecta is a rare disease. It can be lethal or compatible with life according to the type. An early prenatal

diagnosis is necessary for the therapeutic decision and a multidisciplinary consultation is essential before any decision is taken. The fetal autopsy allows completing the information obtained during the prenatal examination, and also guiding the diagnosis.

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