



# Obstacles to an ICU doctor's career

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Received: 📅 April 27, 2020

Published: 📅 May 11, 2020

## Background

Differences in background or experience cause barriers to doctors' communication within the environment of ICU. Without a customary base it's often quite difficult to talk properly and effectively within a bunch. Upcoming, juniors consultants should constantly consider, though, what obstacles are on their due to their evolution. When faced with an obstacle, we must overcome it. We've no room to pretend that it doesn't exist or hope that it will disappear on its own. Let's examine variety of the foremost common barriers and actions to house them.

**Abbreviations:** ICU: Intensive Care Unit

## The Problematic Director

If we are working for a troubled director, we want to understand some ways to behave towards him in order that we will save our careers and our development. When we feel they're being exploited, we base our case on facts, but we must express the matter to our Director in such some way that we allow him the chance to admit that there has been some negligence against us. In discussing, we must always try to not generalize our grievances but to produce the maximum amount concrete information as possible [1].

## Unfulfilled Promises

Many Directors offer tempting promises, hints, or statements about something better when a goal is to be achieved and so dump fulfilling their promises. Scheduled failure If a Director has planned how a curator will fail [2], he are going to be given a task that's impossible to finish successfully or won't provide the guidance and resources needed to succeed in his goal.

## Scheduled Failure

If a Director has planned how a curator will fail, he are given a task that's impossible to finish successfully or won't provide the guidance and resources needed to succeed in his goal. If anyone realizes that this is often the case, they must immediately report it

to their Director and present their findings, gathering all relevant information, information and resources, human and non-human that may be needed to finish the task [3].

## The positive Thinking

In your career as doctors in ICU you will come across many different types of Directors and various problems that can create you. Your constant tactic should be to treat them with positive thinking [4,5].

## Where applicable

- a. Try to see the pleasure of having an Indifferent Manager and take advantage of the scope it offers you to develop your own initiatives. You can benefit if you have a Tyrant Manager; oblivious to your needs or just tough. Such a situation will enhance your ability to work with other people and develop your diplomatic qualifications. If your Director is not particularly capable, lacks creativity, and has difficulty making decisions, you can benefit from this by taking a more active role.
- b. If your Director is not particularly capable, lacks creativity and has difficulty making decisions, you can benefit from this by taking a more active role. An unconscious manager who

appropriates your own successes, and sends you to the wall for trivial mistakes will teach you the most important lesson, DON'T PERSONALIZE ICU CASES AND ISSUES. You just take care of handling them and managing them properly. Those pursuing a successful career do not suffer from the misconduct of a colleague or even their Director. They continue on their way.

c. Being a hard-working, human manager may be nocturnal, but you're thinking that everyone will notice again within the face of bad or unstable behavior that you simply have the flexibility to remain calm, calm, and perform well at work. These qualifications ensure they'll recognize you.

## Others obstacles

### Obstacles from Colleagues

We don't consider here the minor conflicts and minor problems which will occur between colleagues. We have an interest in success and evolution. In this sense, you'll encounter problems from colleagues in ICUs who have excellent staff. It'll be difficult to point out up. If this prospect isn't even offered and your goal remains successful then you wish to alter tactics. When you feel you're being blocked by your talented colleagues, answer the subsequent questions that may facilitate your make the proper decision:

- Are you better than them?
- If you can become better than them?
- If not, are you able to plan your rise smarter than them?
- If not, will you be happy staying in their shade?
- If not, is it time to plan your next move?

### Yourself as an Obstacle

The ability to simply win the sympathy and confidence of others is crucial to a successful career, but has been degraded by many as a hit factor. By no means do I mean to be sweet and savory, but to try to to well with others in an environment of mutual respect and dignity. Unfortunately this innate ability for a few people is lacking, to an outsized or large extent, by many doctors, causing them real communication problems. Let's not forget how vital it's to possess

influential people such as you, but what quantity easier it may be to figure in an environment where you have got a favorite. The character is certain to not change, but are you able to improve your image and convert people that can play a job in your career if you approach them with courage, through sincerity, resisting flattery and seeking to figure out what is meant to be shared desires.

## Manage Conflicts

Confrontation and conflict are a natural, even healthy, aspect of life. Accept this and not only will you stop blaming yourself or others on every occasion you argue or argue for private or professional matters, but you'll even be able to handle any such situation more calmly and effectively. If you have got to collide, dare and don't try and avoid it in the least costs. The above can immobilize you, prevent you from developing and make changes in your life. Your mindset plays a component in your career development. Stop blaming yourself, enhance your worth, and forgive yourself et al and move on... for yourself and for your patient who needs you.

## Declarations

Ethics approval and consent to participate: Not applicable  
Consent for publication: Not applicable  
Availability of data and materials: It's allowed  
Competing interests: No one  
Funding: No one

## Authors' contributions

No one

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DOI: [10.32474/SCSOAJ.2020.05.000201](https://doi.org/10.32474/SCSOAJ.2020.05.000201)



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