



# Energy Alterations in Patients with Parkinson's Disease and What Is the Impact on Their Treatment?

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## Abstract

According to Western medicine's diagnosis, Parkinson's disease is a disorder characterized by slowing in the movements associated with rigidity or tremors. The purpose of this article is to show that sick people with Parkinson's disease have in common, energy alterations in the theory of the five elements of traditional Chinese medicine and the therapy of this situation is of uppermost significance to handling the "root" cause of the formation of Parkinson's disease symptoms and not just treating the manifestations presented by these patients. Methods: it was used three case reports with a diagnosis of Parkinson's disease. All of them were submitted to the measurement of the energy of the internal five massive organs (Heart, Liver, Spleen, Kidney, and Lungs) using the dowsing procedure. Results: every internal five internal massive organs were in the lowest level of energy, rated one out of eight. The conduct toward this condition using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture, and refilling the energy of these organs using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications, reduced very much the symptoms presented by these patients, such as the symptoms of tremors, depression, rigidity and improved very much the quality of life of these patients. The conclusion of this article shows that sick people with Parkinson's disease possess in common, energy insufficiency inside the internal five massive organs of the five elements theory of traditional Chinese medicine, and the management of this state is of foremost significance to treating Parkinson's disease cause and not just treating the manifestations presented by each patients using a variety of medications.

**Keywords:** Parkinson's Disease; Energy; Five Elements Theory; Traditional Chinese Medicine; Hippocrates; Hahnemann

## Introduction

As stated by conventional medicine, Parkinson's disease is a sickness marked by slowing in movements also known as bradykinesia and associated to symptoms of rigidity or tremor [1]. It can also be associated with mood disorders, constipation, excessive salivation, sleep dysfunction, loss of smell, and excessive periodic movements during sleeping [1]. It affects 1% of people over the age of 60 and is associated with alterations in the substantia nigra caused by the loss of dopaminergic neurons and the presence of a Lewy body. The majority of cases are considered idiopathic and there are some reports affecting young people. In 10% have a genetic cause [1]. There are cases that can present autonomic symptoms

preceding the motor symptoms and the postural instability is seen late in the disease progression, impacting the quality of life of the patient [1].

The purpose of this study is to show that persons with a confirmed Parkinson's disease have in common, energy insufficiency inside the internal five massive organs (Kidney, Heart, Liver, Lungs, and Spleen) of the five elements theory of traditional Chinese medicine, that are considered the cause of the Parkinson disease manifestation. The treatment of this condition regulating the inner energy of Blood, Qi, Yang, and Yin and removing the internal Fire using Chinese dietary counseling, auricular acupuncture with apex

ear bloodletting, systemic acupuncture, and replenishing the energy of these organs using highly diluted medications according to the theory Constitutional Homeopathy of the Five Elements Based on traditional Chinese Medicine and crystal-based medications is of extreme significance to handle the origin of the genesis of the symptoms of Parkinson's disease.

## Methods

It was done a search for articles related to Parkinson's disease in PubMed according to conventional medicine and also, articles in ancient medical traditions such as Chinese medicine. I am using three case reports of patients with Parkinson's diagnosis to show which are the energy alterations presented in these patients when submitted to radiesthesia procedure. All of them allow to present their cases in this article and they recorded their history to me to write the evolution throughout their treatment to write this article.

## Case Report One

J. 73 years-old with history of severe depression for about two years prior to the diagnosis of Parkinson. Her wife was desperate because before this disease, he was so active and was in a very important position in a company. When he was referred to a neurologist, the doctor did the diagnosis of Parkinson without any kind of diagnosis method that could proof this disease. This contributed a lot to make him to worse his condition because from the day of the diagnosis, he surrendered to the disease without reacting and without knowing if he really have Parkinson's disease. According to his wife's words, he never shakes things because she knows that the first symptoms of patients with Parkinson disease is shaking things. As Parkinson's disease was diagnosed in the middle of his depression crisis, his wife understand that could be a rush from the doctor to do this diagnosis. According to his wife, knowing her husband as she does, she thinks that the whole problem started when he retired very early at only 53 years of age to fulfill the time required to retire. He had a leadership position within a state-owned company, then without doing anything, without any kind of activity that took up his time, he got very depressed. Her husband has never had tremors or any kind of illness. They went to my clinic with this diagnosis and also, he had insomnia and low back pain. In his clinical exam, I saw that both hands had tremors and he was walking slowly and rigidly. I suggested he measure the strength and vitality (energy) of the internal five massive organs using a dowsing procedure.

## Results of the Case Report One

All his chakras' energy centers that correspond to the internal five massive organs (Heart, Liver, Spleen, Kidney, and Lungs) were without energy, rated one out of eight. The management of this condition consisted in changing the nutritional feature avoiding the consumption of eggs, fried foods, chocolate, coconut, honey, alcoholic beverages, and melted cheese, to avoid the formation of more internal Fire, responsible for causing energy imbalances in the Liver and Gall Bladder. Also, it was orientated to him to keep

away from the consumption of milk products, raw foods, sweets, and Cold water to prevent worsening the internal energy deficiency in the Spleen and pancreas energy. The third category of foods that I orientate them to avoid was the consumption of matte tea, coffee, and soft drinks to prevent worsening the energy of the Kidney. It was prescribed to begin acupuncture and auricular acupuncture sessions twice a week associated with apex ear bloodletting. Also, the third step in his treatment was to recharge the energy of the internal five massive organs using highly diluted medications such as homeopathy medications created by Samuel Hahnemann (1755- 1843) but utilizing on the report of a new theory created by myself (2020) titled Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine and crystal-based medications. The homeopathy medications used were Phosphorus to replenish the energy of the Liver, Sulphur to replenish the energy of the Heart, Calcarea carbonica to replenish the energy of the Spleen, Silicea to replenish the energy of the Lungs, and Natrum muriaticum to replenish the energy of the Kidney. They should use these highly diluted medications for his entire life to charge the battery of his internal massive organs.

After this treatment, he reduced the medications that he was using because before the Chinese treatment, he was using three capsules of the medication called Prolopa (levodopa - benserazide) and after the treatment, he continues to use only one capsule per day. To improve his sleeping process, it was prescribed highly diluted medications (homeopathy) called Coffea cruda 6CH and associated with Coccus 6CH, and his sleeping process improved with the use of this kind of medication on the first day using it. It was also recommended to eat dinner early until 6 PM eating only foods that grow under the earth and only using white meat instead of red meat in the dinner. It was used floral medications to improve his anxiety symptoms along with the first procedures that I mentioned to improve all his symptoms, treating the "root" of energy imbalances and deficiencies. The patient improved quickly from his condition, it is not depressed anymore and his tremor improved very much with the treatment done. He is sleeping normally and his low back pain also improved a lot without having pain mainly during the morning when he is waking up. He did not take out completely the medications prescribed for Parkinson's due to afraid to take out it completely. However, it was orientated to take out completely this kind of medication and I will explain the reason for this orientation in the discussion section.

## Case Report Two

E. 67 years-old female patient, a medical doctor, the symptoms of Parkinson's disease began three years ago (2020) when she was 64 years old initially with a slight decrease in the movement of the left leg. In the first medical exam, she almost did not have stiffness, slowness of movements, or tremors. Before these symptoms, she had a depression symptom that could not reverse with normal anti-depressed medications. She uses Sertraline 50 mg in the morning and Nortriptyline 20 mg in the night initially. Parkinson's picture

has only evolved slowly, lately, it is being worse, and she had been losing some fine movements. She is doing physical exercises four times a week (Pilates). The exams she had done were clinical exams, she also had an MRI (Magnetic Resonance image) and a transcranial Doppler that showed an increase in echogenicity in the affected area. The patient proceeds to my clinic just to recommendations from friends and I suggested measuring the energy of her internal five organs of the five elements of traditional Chinese medicine (Heart, Liver, Spleen, Kidney, and Lungs) using the dowsing procedure.

## Results

Every organ that corresponds to the five elements theory described above was at the lowest level of energy, measuring one in eight. The prescription of her state includes changes in the nutritional aspects orientating her to avoid the same group of foods mentioned in case report one. It was used only one session of ear acupuncture associated with apex ear bloodletting (due to the reason that she lives in São Paulo, 500 Km of my city making the treatment using acupuncture impossible but she could find some acupuncturist doctor in her city to continue the treatment). Also, it was orientated her to use medications diluted many times similar to homeopathic conforming to the thesis invented by myself (2020) titled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and medications made using crystals. These medicaments will be described in the discussion section and need to be used for her entire life to keep the energy of these organs full to not worsen her clinical conditions. It was orientated her to reduce her highly concentrated medications (anti-depressant and the medication prescribed for Parkinson's) but she was afraid to reduce them and worse her clinical condition. She said she would reduce the anti-depressant medications first and continue the medications used for Parkinson's disease.

## Case Report Three

R.M.S.Z.V., 76 years-old female patients. The first symptoms were dizziness for many years before. She was using medications to treat this condition and the neurologist told her that it was dizziness and the excessive use of medications that provokes Parkinson's disease. She does not have a history of any member of the family with this disease. The neurologist took out all the medications prescribed to be used in the case of dizziness and she never could take it again. The doctor prescribed Amantadine hydrochloride but she cannot use this medication initially because this medication can induce hyponatremia and she had two episodes of hyponatremia caused by the use of this medication and she needs to be admitted to the hospital at that time. She was feeling very weak in energy and nausea when she had hyponatremia. The trembling symptoms begin in the right hand even to write in the book. She perceives that the right leg was weaker and has less strength and a gait change. When she goes for a walk, the right leg goes further, and it takes longer to arrive at the normal position than the other one. She usually sleeps well but nowadays; she is having some problems sleeping because she has some stomach issues (gastroesophageal reflux) and was using anti-acid pills. She was advised to sleep in

the left position and in this position, the noise in the left ear is less, compared to when she sleeps in the right position. She does not have dizziness but a kind of pulsation inside the ear. It is seeming that the heart is beating inside the ear. She is having memory loss and usually cannot remember the name of the people but the physiognomy she can remember. She is using Prolopa to treat her tremor and recently, the tremors are worsening even using the medications. She had the onset of tremors coincidentally on the year she started having metallic titanium implants in her tooth. I asked her to allow me to measure the energy force of her internal five organs (Lungs, Liver, Spleen, Heart, Kidney) using the dowsing procedure using a wood pendulum.

## Results

What I found in her measurement was that every five internal massive organs were having little energy, rated one out of eight. The conduct towards her health condition was to orientate her to avoid some kinds of foods, the same orientations that I did to the patient reported in the first case report. To keep away from the ingestion of milk products, uncooked foods, Coldwater, and candied. It was also advised her to avoid the ingestion of fried foods, eggs, honey, coconut, alcoholic beverages, melted cheese, and chocolate. Also, it was orientated to her to avoid the ingestion of coffee, soft drinks, and matte tea. The second procedure in her treatment was to do ear and systemic acupuncture associated with bloodletting in the apex of the ear to rebalance the energy of Yin and Yang and also, to release the internal Fire production. This step is the most important procedure, to take out the formation of internal Fire to avoid the formation of internal Wind, that it is responsible for the genesis of shaking according to traditional Chinese medicine.

The third step in her treatment was to recharge the energy of these internal five massive organs using medications diluted many times, such as homeopathic created by Samuel Hahnemann (1755-1843) but according to the thesis Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Using this theory, it is feasible to recharge the energy of the Liver using Phosphorus, replenish the energy of the Heart using Sulphur, replenish the energy of the Spleen using Calcarea carbonica, replenish the energy of the Lungs using Silicea, replenish the energy of the Kidney using Natrum muriaticum. The medications should be used for her entire life to keep the energy of these organs in harmony, to avoid the formation of more Fire, generating more internal Wind, responsible for the tremor's symptoms. I also orientate her to avoid inserting any more metallic implants inside her body or in her mouth because this kind of material could induce the reduction of her internal energy, producing more internal Fire and leading to the formation of more internal Wind, generating more tremors. All these things will be shown later in the discussion section.

## Discussion

According to Western medicine's point of view, they understand that the movements found in patients with Parkinson's disease

are caused by the lack of pigmented neurons in the substantial nigra of the midbrain in post-mortem brain examination. These neurons are dopaminergic and their loss is implicated in the mechanism of movement in Parkinson's disease [1]. If we analyze the oath said by Hippocrates (460 a.c - 377 a.c), he said that "we need to study another former medical mode of thinking previous to the understanding we have these days" [2]. Because of the aforementioned, I will apply the reasoning used by traditional Chinese medicine to acknowledge what is necessary to know to understand what is occurring in the victim of Parkinson's disease in the level of energy (the alterations that come prior to disease formation, invisible by the naked eye) [3]. According to Albert Einstein (1879-1955), all objects are constituted of energy and this contains the human body, which is also composed of energy [4]. The energy that exists in our universe is in constant transformation from the visible to an invisible part and this is also occurring inside the body [5]. To show and demonstrate that the symptoms presented in patients with Parkinson's disease are only reflections of energy alterations that are not studied by Occidental medicine doctors and these energy alterations will be shown throughout the tree's metaphor (Figure 1) where I am showing the different levels of diagnosis and treatment of both kinds of medicine. This is important to understand that all symptoms come from the same energy variations presented in the "root" level of the tree. Using this kind of reasoning, we can understand what we need to use in the treatment of Parkinson's disease and not treat only the symptoms separately, as we can note in the cases reported in this article [3].

This tree described in Figure 1 is showing the different levels of diagnosis and therapy between traditional Chinese medicine (TCM) and Occidental medicine. I am using TCM in this article

because I am following the oath of Hippocrates (460 a.c - 377 a.c) which pronounces that "imprudent the physician who detests the realization acquired by the antique" [2,6]. In the tree, you can see that it is split into two sections, the portion above the earth (that is composed of the trunk with several branches and leaves) and the piece under the earth (that is normally imperceptible to the simple eye and composed by the "root" of the tree [6,7]. The portion over the earth is representing the segment that Western medicine is doing the analyses and investigation and the prescription of medication is focusing on this level. Each "branch" means one medical specialty and each "leaf" means one symptom or illness treated by each medical department (for example, orthopedic, neurology, nephrology, etc. [6,8]. Within the subject of Parkinson's disease, the patients of case report one and two reported in this article began their symptoms of Parkinson's with depression that lead them to use anti-depressant medications. According to the paper written by me personally (2021) titled Why Patients with Depression Do Not Improve the Symptoms with Antidepressant Medications? I am showing that patients with a diagnosis of depression have repeated, reduced energy within the internal five massive organs (Liver, Spleen, Heart, Kidney, and Lungs) that are leading to the formation of depression symptoms because all these elements are in charge of for the production of internal energy, manage and allowing our survival. In this case, Kidney is in charge of the production of Yin and Yang energy. The Spleen is accountable for the assimilation of nutrients and the development of Blood. The Heart is superintended for managing the Blood flow inside the blood vessels. The Liver and Lungs are in charge of the dispensation of Qi (that it is in normal value when there is Yin, Yang, and Blood in adequate amounts), as shown in Figure 2 [9].

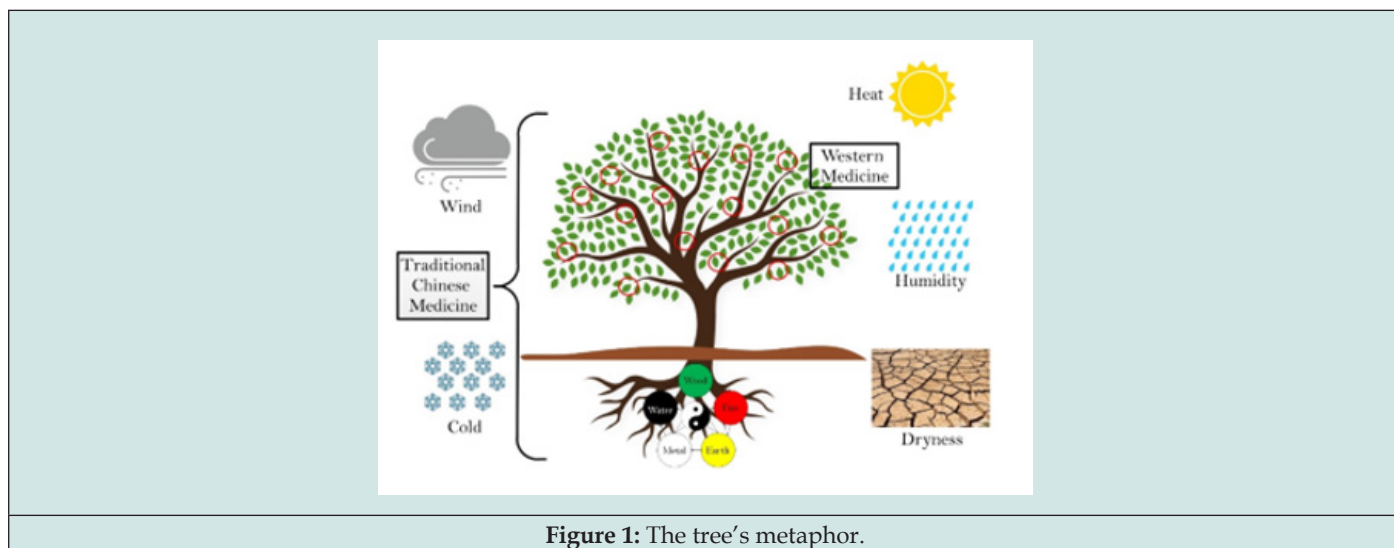


Figure 1: The tree's metaphor.



Figure 2: Yin, Yang, Qi, and Blood.

According to traditional Chinese medicine, the source of the genesis of symptoms and illness in any kind of specialty is not the level of the “leaf” of the tree, but the level of the “root” of the tree, as I am showing in Figure 1 [10]. In this Figure 1, you can see that all kinds of specialties came from the same “root” and the alterations presented in the “root” can be the origin of the generation of so many different sicknesses in any kind of specialty. One illness can happen from distinct energy alterations but one energy disharmony can cause many different diseases [11]. For this reason, in Parkinson disease, the patient can present many different symptoms such as tremors, slowed movements or bradykinesia, rigid muscles, impaired postured and balance, loss of automatic movements, speech changes, writing changes. You can see that there are many different specialties involved but all of them, comes from the same energy imbalances presented in the root of this tree [1]. In the manuscript written by myself (2020) titled Energies Alterations and Chakras Energies Deficiencies as Underlying Cause of Essential Tremors. I am showing that patients with tremors, independent on the age group has in common, energy reduction inside the internal five massive organs of the five elements of the traditional Chinese medicine in the “root” of the tree, showed in Figure 1 [13]. In the paper written by Zafar and Yaddanapudi (2022), titled Parkinson’s Disease, the authors are saying that the speech alterations presented

in these patients could be explained through the reasoning used by traditional Chinese medicine. Speech alterations are created by imbalances in the energy of the Heart, as I am showing in the manuscript written by myself (2019) titled What is the Cause of Language Impairment in Traditional Chinese Medicine and how can we Treat it? [1, 12-14].

According to Zafar and Yaddanapudi (2022), in the article titled Parkinson Disease, they understand that the disease cannot be explained only by the lack of dopamine in the substantia nigra. According to them, there are more extensive pathophysiology behind all these symptoms and they think there are non-genetic causes involved in this matter [1]. In this same study, they are saying that is common to see constipation, urinary retention, and erectile dysfunction among other symptoms that do not improve with the treatment for Parkinson’s disease [1]. According to the paper written by me personally (2021) titled Energies Alterations and Chakras’ Energies Deficiencies in Patients with Chronic Constipation. I am showing that constipation is caused by Blood energy reduction and the emergence of internal Fire as shown in Figure 3 and the patients also have energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine, as shown in Figure 4 [15].

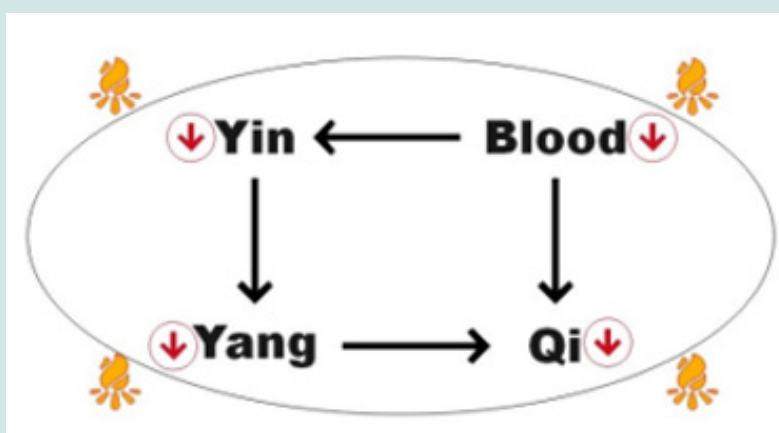
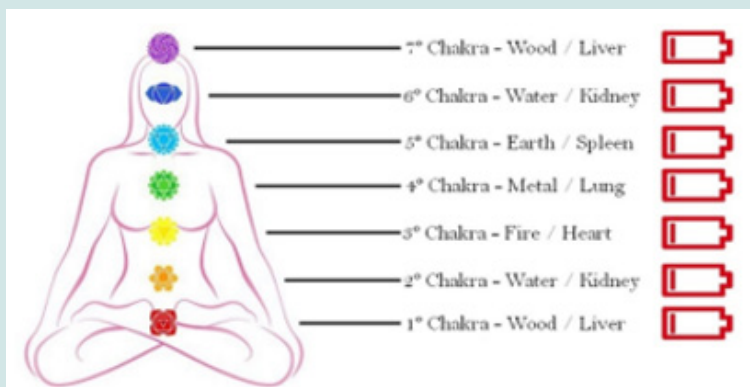


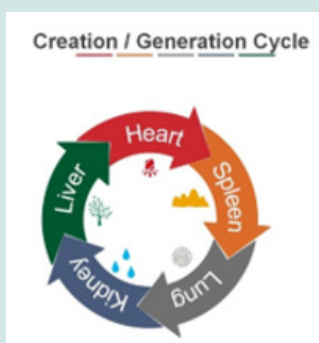
Figure 3: The formation of internal Fire is when there is an energy reduction of one or a mixture of energy alterations of Yin, Yang, Qi, and Blood.



**Figure 4:** Energy alterations in the five internal massive organs of the five elements theory of traditional Chinese medicine.

Symptoms of erectile dysfunction are caused by energy reduction in the Kidney’s energy, as I am showing in the manuscript written by me personally (2020) titled Energy Imbalances and Chakras Energy Replenishment to Treat Patients with Urinary Incontinence and Sexual Dysfunction Post-Cancer Prostatectomy [16]. The Kidney is not working alone, but depends on the energy of the Lungs and the Lungs depends on the energy of the Spleen, that depends on the energy of the Heart. This last organ depends on the energy of the Liver, which depends on the Kidney’s energy,

closing the cycle as I am showing in the Generation cycle in Figure 5 [16]. Urinary retention can be caused by the San Jiao’s insufficiency, where the metabolism is slow and the San Jiao does not perform its transforming function very well. The superior Jiao insufficiency causes facial edema. Middle Jiao insufficiency causes abdominal bloating. Insufficiency of the lower Jiao causes urinary retention. San Jiao insufficiency is caused by kidney insufficiency. San Jiao is a term that divides the trunk into three sections [12].



**Figure 5:** Generation cycle.

Another symptom common in patients with Parkinson’s Disease is slowness (bradykinesia) and this manifestation can be caused by these energy deficiency situations caused by the lack of energy in these biological structures, responsible for the production of internal energy for our survival. In the case of Spleen energy deficiency (fifth chakra), it is responsible for the assimilation of nutrients and the generation of Blood. For this reason, the production of Blood is compromised and for this reason, can lead to symptoms of depression but the real cause is less Blood causing diverse symptoms. To move, the muscles need Blood to function and with less Blood, the whole body will feel this lack of energy to keep the normal function of the organs. As stated by traditional Chinese medicine, the organ that commands the muscles is the

Stomach, which is the hollow organ that is coupled to Spleen, and it is having no energy, as you can see in Figure 4 [9, 15]. The third most common symptoms presented in patients with Parkinson’s disease is the rigidity. These patients can complain difficulty in get out of the chair and appear stiff. They have reduced arm swing during walking and are usually asymmetrical in the initial phase [1].

The rigidity in my clinical practice is caused by Kidney Yang energy deficiency, when the patient can feel Cold in the lower limbs and can have both Yang energy deficiency and Yin energy deficiency (feels Hot in the legs). The rigidity can worse when the patient uses Cold foods such as drinking Cold water, raw foods, raw fruits such

as orange, mango, strawberry, watermelon, melon, pineapple, pear, etc. For this reason, these fruits should be used cooked or roasted or eaten dry to take out the Cold energy to do not worse even more the Kidney Yang energy. The fruits that the patient could use to cause balance between Yin and Yang energy is only lemon, apple, and papaya, which have neutral energy, not causing more energy deficiency of Kidney Yang [17]. It can worsen the symptoms of rigidity when the patient is submitted to Cold and Wind and when the patient uses a lot of Cow's milk products since these kinds of foods can induce imbalances of the Spleen and Pancreas energy, in control of the assimilation of foods and can cause liquid retention inside the body, leading to the formation of these symptoms [18-19]. The fourth most common clinical presentation of Parkinson's disease is the gait disorder, where the patient can have flexed posture, reduced arm swing, block turning, and retropulsion [1]. All these symptoms can be originated from this energy deficiency interior to the five internal massive organs, which can lead the body to a weak state and cannot prevent the invasion of external pathogenic factors, that can induce these symptoms of block turning, flexed posture caused by this invasion and causing freezing of the limbs, making it difficult to walk [19].

For you to know what I need to declare in the energy alterations presented in patients with Parkinson's disease, I will describe the history of one specific patient that began this kind of reasoning and started in 2006. This patient was a 70 years-old male patient that was presenting leg pain and was using painkillers for 6 months with no improvement of his condition only this kind of medication. This male went to my health center to seek an additional approach and his energy alterations in traditional Chinese medicine were Kidney Yang energy deficiency (because he usually feels Colder

in his lower limbs). I treated him using dietary changes according to the energy aspects of each food, ear acupuncture, and systemic acupuncture. After ten acupuncture sessions, he came back and said that he improved from his leg pain condition but he also improved from one more state that I was not informed of, that he had been treated for glaucoma for the last 40 years with no advance of his intra-ocular pressure state, always up to 40 mmHg. For the first time in his life, his intra-ocular pressure reduced from 40 to 17 mmHg when I treated his energy imbalances and did not treat just the manifestations [10]. In this instance, what I want to say is that the patient reported above was having two kinds of problems, one in the orthopedic branch (pain in the legs) and the second problem in the ophthalmology branch (glaucoma) [6, 10].

But if you look at Figure 1 of the tree, the branch of orthopedics and ophthalmology comes from the same "root" and this is what I want to describe the alterations in the "root" that it is causing the symptoms in patients with Parkinson's disease [3]. After this client, I start to participate in numerous intercontinental symposiums to elucidate the necessity to medicate the "root" (energy alterations) and not just the clinical manifestations, in this demonstration, presented by patients with Parkinson's patient's symptoms [10]. In the "root" of this tree, there are two principal thesis in traditional Chinese medicine, that is Yin and Yang theory and the Five Elements theory, shown in Figures 6, 7, and 8 [6, 7, 20, 21]. In Figure 6, you can see Yin and Yang in a balanced state and the disequilibrium between them can generate many diseases shown in Figure 7. In the case of patients with Parkinson's disease, they can have energy alterations in this Yin and Yang energy, leading to this state of rigidity (Yang energy deficiency) and rebalancing these energies, it is possible to improve these symptoms [22].



Figure 6: Yang and Yin.

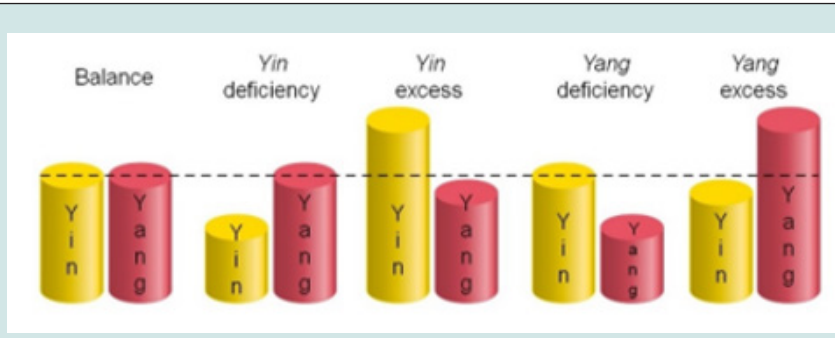


Figure 7: Yang and Yin are in a balanced situation and the different energy variations between them.

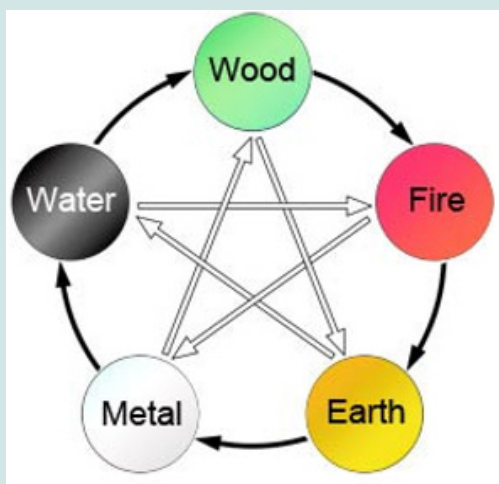


Figure 8: The Five Elements Theory.

According to Western medicine’s point of view, Parkinson’s disease is considered a few medical disorders that the clinical examination is sufficient to do the diagnosis of the diseases [1]. The loss of dopaminergic neurons can be caused by abnormal apoptosis according to some studies and is responsible for the acceleration of progression to Parkinson’s disease. Usually, there is no energy storage in the brain and once the damage to the brain cells occurs, it can cause an active programmed cell death (apoptosis) leading to the death of brain cells. [23]. According to traditional Chinese medicine, apoptosis is generated by Yin energy deficiency, and for this reason, it was orientated the patients reported in this article to avoid the ingestion of some foods such as raw food, Coldwater, sweets and dairy products because all these foods could reduce even more the energy of the Spleen and pancreas energy, in charge for the production of Blood, important to keep Yin energy in adequate amount, as you can see in Figure 2 [7, 15]. It was also orientated the patients to keep away from the ingestion of caffeine, soda, and yerba matte tea because all these beverages might reduce the energy of the Kidney, managed for the production of Yang and Yin energy [24, 25].

For this reason, one of the commandments of Hippocrates (460 a.c - 377 a.c), was “Create your food your medicine and your medicine

your food” [2]. For this reason, the nutritional orientations as stated by the energy imbalances presented by everyone using the energy of each food can balance the energy of Yang and Yin internal energy and also, the five internal massive organs, as I showed how I treated all these patients with Parkinson’s disease diagnosis first using changes in the dietary aspects [26]. The second thesis presented in the “root” level of the tree is the Five Elements theory. The five elements correspond to Wood, Earth, Fire, Water, and Metal and each element has their correspondence to the internal organs of the human body [7, 21]. For example, Wood is representing the Liver, Fire is representing Heart, Earth is representing Spleen, Metal is representing the Lungs and Water is representing Kidney, like in Figure 8 [27]. In this proposition, we can see that every massive organ is interconnected and one organ is sending energy to the subsequent organ while you can see in Figure 9. This theory is distinct from Western medicine’s perspective because according to Galen (129 ce - c.216) the Greek medical doctor that wrote the main theories in Western medicine said that each organ works separately and independently and one organ does not exert effect on another biological structure [28], Western medicine is working according to the implementations made in 1910 when they performed modifications in the medical curriculum in Canada and America.



They begin to consider “scientific” only what they could prove by laboratory or radiological level and the part of the human, that it is composed by energy was put aside. For this reason, the energy part of the human body is not studied by Western medicine’s schools but it is this part that it is altered nowadays, in all kinds of diseases, as I am exhibiting in the paper written by me personally (2021) titled Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection [29].

Nowadays, we are living in a new world that Galen (129 ce - c.216) or Hahnemann (1755- 1843) does not have the opportunity to live because, at that time, the world was not suffering the impact of microwave radiation caused by the remodeling of the network, as we are living today. I am saying this because, in the past, the internal organs had energy and only the organ that was having some problems had a deficiency in energy. But what I found in the

majority of patients after 2015, is that quite all patients nowadays, independently of the age group or independently of the diagnosis, have energy reduction inside the internal five massive organs caused by this chronic exposition to these waves as I am showing in the paper written by me personally (2021) titled Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection. and in the second article also written by myself (2021) titled The Influence of Cell Phones and Computers on Our Immune System [29, 30]. The part of the energy that composed the human body was not included as “scientific”, so this part, that exists inside the body was not studied since then. This is what is occurring nowadays because all diseases are diagnosed and treated only in a very late phase when the energy is materialized and has alterations in the laboratory exams or radiological standard as you can notice in Table 1 of progression from health to disease. [31].

Table 1: The progression from health to disease.

Progression from Health to Disease				
	Organ	Exams	Energy Reserve	Symptoms
Phase 1	Slowing down of organ functions	Normal	Energy Reserves-normal	Without clinical symptoms
Phase 2	Slowing down of organ functions	Normal	Consumption of internal Energy Reserves	With symptoms in other organ
Phase 3	Slowing down of organ functions	Normal	Consumption of external Energy Reserves	With symptoms in same organ
Phase 4	Reversible cellular lesion	Little alternation	Consumption of blood Reserves	Curable disease
Phase 5	Irreversible cellular lesion	Excessive alteration	Metabolic exhaustion	Incurable disease

Within this Table 1, you can see that the origination of the illness is fractionated into five phases, and in the initial three phases, the patient has symptoms but there is no alteration in the laboratory exams [18, 21]. For this reason, we cannot see alterations in the laboratory exams in patients with Parkinson’s disease, because all these alterations are in the energy level, in the “root” level of the tree, which appears in Figure 1, that we cannot see by the naked eye [21]. Only in phases four and five, the patient has alterations in the laboratory exams, as you can see in Table 1. In phase 5, there are patients with abnormal multiplication of malignant cells, characterizing all patients with cancer [21]. According to traditional Chinese medicine, this abnormal multiplication of cancerous cells occurs when the patient has an energy deficiency and the formation of internal Fire, very common nowadays [21]. As stated by traditional Chinese medicine, many illnesses can originate from the identical “root” and one disease in the “leaf” level can proceed from divergent energy alterations in the “root”, as I am demonstrating in the article written by me personally (2021) titled Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection [29], In this case, there are descriptions of Parkinson’s that begin with depression symptoms as shown in case reports 1 and 2 [9].

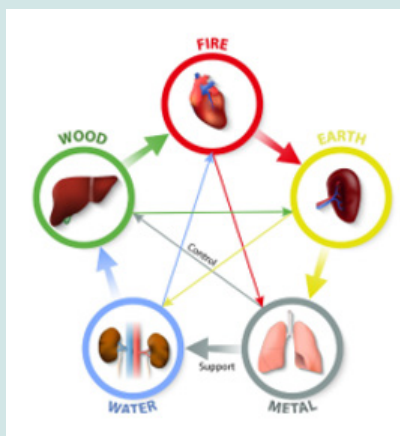
In both cases, depression was a Western medical diagnosis but in traditional Chinese medicine, when you analyze the energy alterations presented in the “root”, all patients with depression

have energy reduction within the internal five massive organs (Heart, Liver, Spleen, Kidney, and Lungs) and each biological structure mentioned before is responsible for the production of a single specific energy subsequent keep a balanced state of our health, evidently in Figure 10 [9]. According to the study written by Chase (2018) titled The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use, the writer is conjunction the chakras’ energy centers with the five elements of the five elements theory of traditional Chinese medicine, therefore in this case, concurrently you measure the energy of these chakras’ energy centers, you are measuring the energy of the five internal massive organs of the five elements theory of traditional Chinese medicine [32].

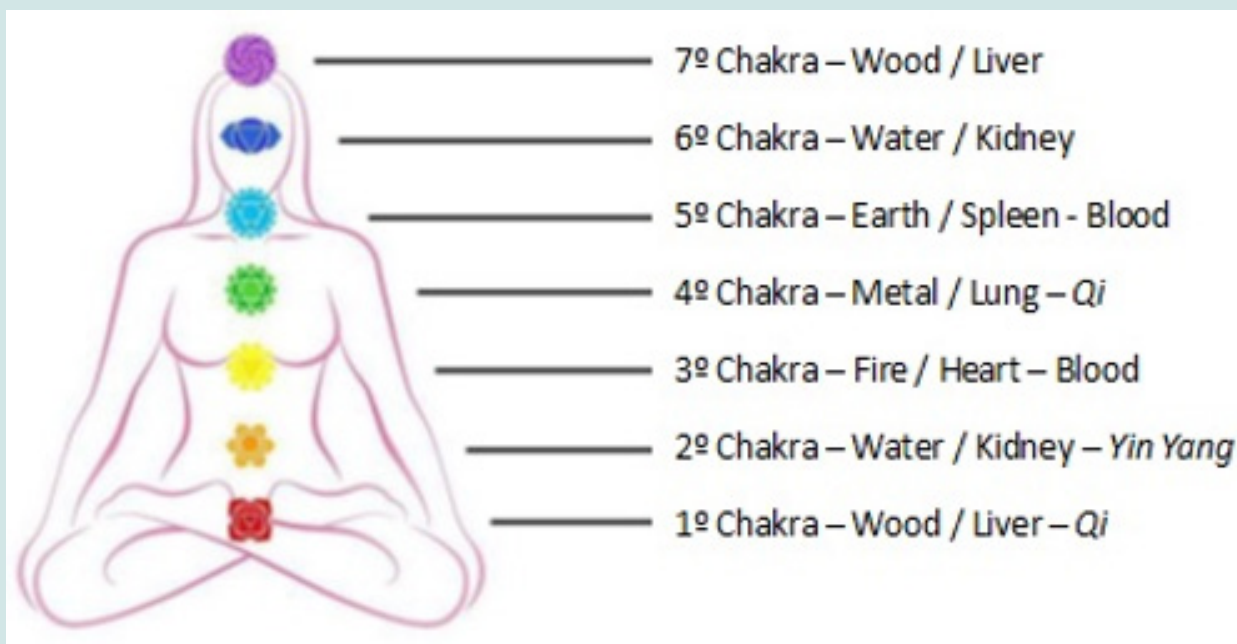
A specific production of internal energy by one specific organ is important to keep our health in harmony and the four forces important to keep them in a balanced state are Yin, Yang, Qi, and Blood. Yang and Yin are two forces that are produced by the Kidney (second chakra). Blood is produced by the Spleen (fifth chakra) and the Heart is responsible for the control of the Blood moving inside the blood vessels (third chakra). The Qi is an energy that is normal when Yin, Yang, and Blood are in sufficient quantity and distributed by the Liver and Lungs, as I am showing in Figure 10 [7, 21]. There is a correlation between these four energies and one energy is responsible for the production of the other energy, as you can see in Figure 2 [6]. In Figure 2, you can see that Blood generates

Yin, which can transform into Yang and the deficiency of Yang can generate a deficiency of Qi. A deficiency of Qi can lead to a deficiency of Blood [6]. All these alterations are in the energy level, invisible to the undressed eye. Patients with Blood deficiency can have normal blood count inside the laboratory tests because there is an essential requirement of more than 5 years of energy alterations to have an abnormality in the laboratory exams, just when I am showing in the

paper written by me personally (2022) titled Energy Alterations in Patient with Fibromyalgia and How Can We Treat Without Using Anti-Inflammatory Medications. [18]. In the case of patients with fibromyalgia, the majority of them do not have alterations in the laboratory exams but they usually have Blood energy deficiency in the energy level, in charge of the symptoms of pain in the whole body [18].



**Figure 9:** Theory of the Five Elements and the internal five massive organs that they correspond.



**Figure 10:** The internal five massive organs and the energy that each organ is responsible for production.

In case report three, the patient has a history of inserting metallic implants in the teeth prior to the diagnosis of Parkinson's disease. In this case, she could have had energy deficiency prior to inserting the metallic implants in the five internal massive organs, as appear in the paper written by myself (2021) titled Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection, and the use of metallic implants inside the body could induce more energy deficiency inside the five internal massive organs, as you can see in the case report five of the article written by myself (2021) titled How is the Mechanism of Immunodeficiency Caused by Metallic Implants and What Can they Cause when Inside the Patient's Body? In this case, her Parkinson's disease was induced by the implantation of metallic implants in the teeth causing in this case, reduction even more of the internal energy, causing the formation of more internal Fire, generating internal Wind, responsible for the tremor's symptoms presented in her case [13, 21, 33]. In this same case report three, she also has symptoms of memory loss. These symptoms were also caused by the absence of energy in the sixth chakra, which is commanded by the energy of the Kidney (second chakra), as shown in the article written by myself (2022) titled Memory and Concentration Impairment in Children in the COVID-19 Pandemic [34].

Concurrently there is a deficiency of one or coalescence of energy deficiencies connecting these four energies, and there is an emergence of inner Fire inside the body (Figure 3), leading to the formation of many different clinical manifestations such as hyperglycemia, infections (community and hospital), anxiety, panic syndrome, hypertension, dry mouth, bad breath, bleeding gums, abdominal pain, cancer, etcetera, and also, the formation of

tremors, as I am demonstrating in the article written by me (2020) titled Energies Alterations and Chakras Energies Deficiencies as Underlying Cause of Essential Tremors [13, 20]. Although tremors are an early symptom presented in patients with Parkinson's disease, it is not present in all cases and it is not necessary to the diagnosis as I am showing in case report two, who does not have symptoms of tremors in her Parkinson's disease diagnosis [1].

In the case of patients with Parkinson's disease, you can see that each of the internal organs is at the smallest level of energy, not producing enough Yin, Yang, Qi, or Blood, causing the symptoms of depression that could worsen when using any kind of highly dense medications similarly as anti-depressant medications shown in the article also written by myself (2021) titled Why Patients with Depression do Not Improve the Symptoms with Antidepressant Medications? [9]. In the case of treatment of Parkinson's disease using highly dense remedy such as the use of Levodopa can improve the symptoms in the first years of treatment but after, the symptoms can worsen, as shown in the article written by Zafar and Yaddanapudi (2023) titled Parkinson disease [1]. This could be explained through the Arndt-Schultz Law (Figure 12), which originated in 1888 by two German scientists. Both researchers said that the utilization of any highly condensed medication end lowering the vital energy of the patient and may conduct in complications or even loss of life of this sick person. Consequently, in the patients reported in this article, I am using highly diluted remedies instead of highly concentrated drugs to increase the energy of the five internal massive organs, which was low and caused the variety of symptoms presented in all these patients [35].

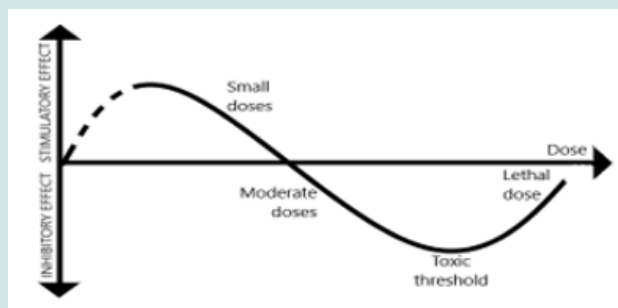


Figure 12: Arndt-Schultz Law.



Figure 12: Auricular acupuncture.

The other step in the treatment of Parkinson’s disease patients reported in this article was to do ear acupuncture with bloodletting of the apex of the ear, as I am showing in Figures 13 and 14 [13]. The ear represents a microsystem where all organs can be found in it and quite all treatments can be done in the ear, using mustard seeds applied to small adhesive tapes to stimulate specific points, showed in Figure 13. The points used are to tone the energy of the Liver (number 5), to tone the Kidney’s energy (number 7), to tone the energy of the Spleen (number 8), to tone the energy of the Heart and Lungs (number 10 and 11) [36]. The procedure demonstrated

in Figure 14 (apex ear bloodletting) is the most important method to treat tremors in patients with Parkinson’s disease because using this therapy, I am taking out the internal Fire that it is causing the formation of internal Wind, responsible for the symptoms of tremors in patients with Parkinson’s disease. [13]. The majority of medications used in Parkinson’s disease can control the symptoms for 3 to 6 years. After this period, there is a progression of this disease and can the medications used usually do not respond anymore [1].

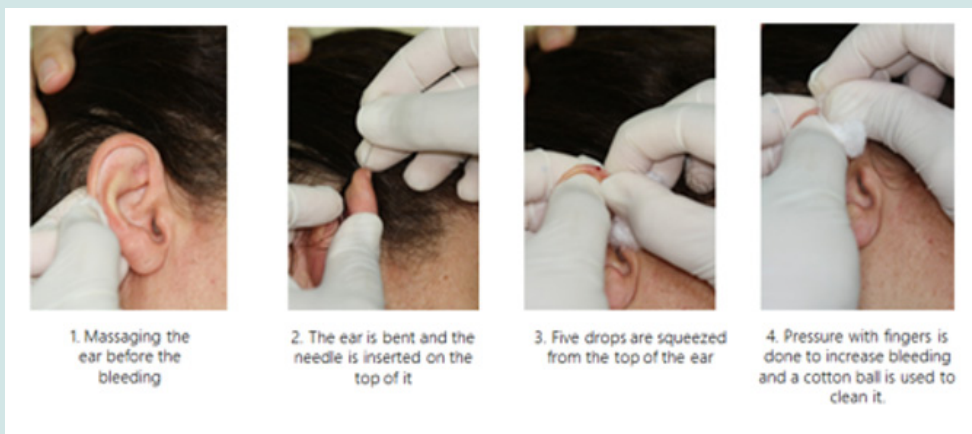


Figure 13: Apex ear bloodletting.



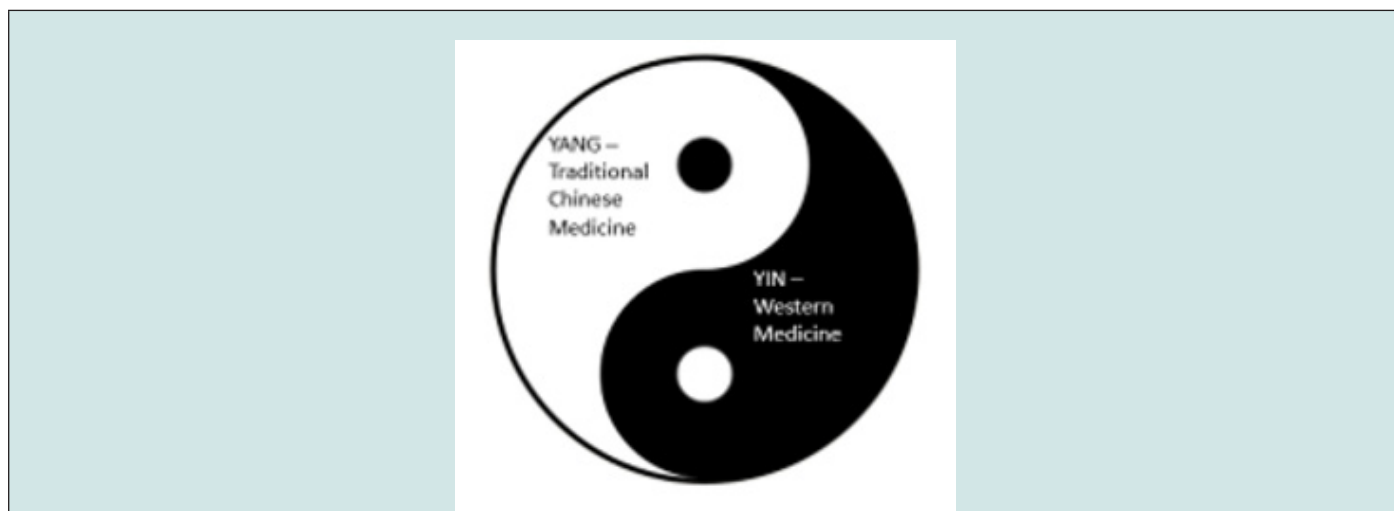
Figure 14: Homeopathy medications are used to replenish the energy of the five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney).

The use of highly concentrated remedies can worsen these energy deficiencies and can worsen the evolution of patients with Parkinson, as reported in the article written by Zafar and Yaddanapudi (2023) titled Parkinson’s disease. They usually treat

the symptoms presented in the level of the “leaf” of the tree, as the authors are using sildenafil to treat erectile dysfunctions or the use of polyethylene glycol to treat constipation, the use of modafinil to treat somnolence, and the use of methylphenidate to treat

excessive fatigue [1]. Thus, I am using extremely diluted medication to replenish the energy of these organs, treating the “root” level of the tree in patients with Parkinson’s disease, using medications created by Samuel Hahnemann (1755- 1843) but as stated by the theory generated by me personally (2020) titled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese

Medicine, as I am showing in Figure 15 [37]. Even when I need to use any kind of treatment, I usually choose to use only highly diluted medications such as homeopathic created by Samuel Hahnemann (1755- 1843) as I showed in case report one, that I used Coffea cruda 6CH to treat his insomnia, instead of using any sleep inducers medications [38].



**Figure 15:** The analogy of Yin and Yang of Occidental and Oriental medicine to understand Parkinson’s disease.

**Table 2:** Crystal-based medications used to replenish the energy of the five internal massive organs.

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications [22]
1 <sup>o</sup> Chakra	Wood/Liver	Phosphorus	Garnet
2 <sup>o</sup> Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3 <sup>o</sup> Chakra	Fire/Heart	Sulphur	Rhodochrosite
4 <sup>o</sup> Chakra	Air/Lung	Silicea	Emerald
5 <sup>o</sup> Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6 <sup>o</sup> Chakra	Water/kidney	Natrum Muriaticum	Sodalite
7 <sup>o</sup> Chakra	Wood/Liver	Phosphorus	Tiger eye

Homeopathy was created by Samuel Hahnemann (1755-1843) 250 years ago, according to the theory of simmilimun. In this theory, you can use the medications that will create the same symptoms when you use in a healthy patient. This medication is diluted in an infinitesimal mode to be used in the patients with the same symptoms when the substance is given to a healthy person. Highly diluted medications are the medication of choice to be used nowadays in quite all types of treatments, due to the energy alterations found in the large part of patients currently like I am demonstrating in the paper written by me (2023) titled To Know Which Type of Medication We Need to Prescribe, We Need to Know the Type of Population that We Have Nowadays [38]. I also used crystal-based medications and they can be found in Table 2. Their functions are well reported in the paper written by myself (2019) titled Why Are Diabetic Patients Still Having Hyperglycemia Despite

Diet Regulation, Antiglycemic Medication and Insulin? [7].

In addition to patients with Parkinson’s disease possess energy reduction inside the five internal massive organs but the majority of the population globally at this moment, because there is an influence of the constant exposition to electromagnetic radiation succeeding the execution of the innovation of telephony, reducing the energy of the internal five massive organs, as I am demonstrating in the manuscript written by myself (2021) titled Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection, and in the second article also written by myself (2021) titled Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19? All people in this world could be considered immunodeficient as I am demonstrating in the paper recently written by me personally (2023) titled New

Global Immunodeficiency [29, 39, 40]. When we treat the symptoms presented in each “leaf” of the tree, shown in Figure 1, depending on the type of medications used in this treatment, it will harm or not the energy presented in the “root” of this tree. In a further paper written by me (2023) titled To Know Which Type of Medication We Need to Prescribe, We Need to Know the Type of Population that We Have Nowadays, I am demonstrating that the majority of the population is considered immunosuppressed due to energy reduction inside the five internal massive organs. Consequently, the use of very diluted medications is the remedy of choice to be used in the treatment of any kind of disease right now, as I am showing in the article written by myself (2021) titled Are the Medications That We Are Prescribing to Our Patients Harming Them? [38, 41].

In case report one and two, they began their Parkinson’s disease with depression symptoms but the real cause of the symptoms of depression was not caused by lower neurotransmitters but by low vitality of the inner part of the five internal massive organs. For the moment that this kind of patient uses anti-depressive medications, they can worsen their symptoms instead of improvement, because they can reduce even more the internal energy of the five internal massive organs, just as I am describing in the study written by me personally (2021) titled Why Patients with Depression Do Not Improve the Symptoms with Antidepressant Medications? [9]. The treatment of this condition using Western medicine’s approach improves the quality of life of patients with Parkinson’s disease but there are complications related to this treatment such as the development of depression and dementia, kyphosis, laryngeal dysfunctions, and cardiopulmonary impairments among others can occur. [42].

All these complications are caused by the alterations in the energy part in the “root” level of the tree when we use highly concentrated medications to treat this type of patient [35]. To complete this study, I would want to say that every instrument used in the therapy of patients with Parkinson’s disease such as acupuncture and homeopathy are well-chosen medical specialties by the Federal Medical Council in Brazil and they should be considered medical specialties by the countries that did not consider them as medical specialties because we are treating immune suppressed patients nowadays while I am showing in the manuscript written by me (2023) titled New Global Immunodeficiency. The treatment using highly concentrated medications to treat the symptoms presented in the “leaf” level of the tree will harm even more the energy of the five internal massive organs presented in the “root”, as I am showing in the article written by myself (2021) titled Why Homeopathy Is the Medication of Choice In The Prevention And Treatment of COVID-19 Infection? [43 - 44].

To comprehend which are the energy changes presented in a sick person with Parkinson’s disease diagnosis, we need to combine the knowledge of Occidental modern medicine and Oriental medicine as I am demonstrating in the analogy of Yin and Yang, as you can notice in Figure 16 [7, 20, 21]. The conclusion of this study is to show

that the symptoms presented by Parkinson’s disease patients are caused by the energy reduction interior of the internal five massive organs of the five elements theory of traditional Chinese medicine, shown in this article. The remedy for this condition replenishing the energy of these organs using dietary counseling according to Chinese principles, ear acupuncture with bloodletting of the apex of the ear, systemic acupuncture, and recharging the energy of these organs using extremely diluted remedies according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications is the major importance to heal the cause of the disease formation.

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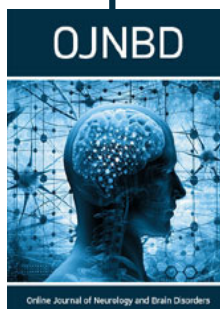
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