DOI: 10.32474/LTTFD.2018.02.000145

Short Communication

Six Forms of Sustainable Fashion



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Received:

August 08, 2018; Published:

August 13, 2018

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ISSN: 2637-4595

Sustainability conundrum

Since the early 2000s, rapid global decline of natural resources and ongoing climate change have challenged businesses to improve all procedures and strategies to sustain the environment, society, and success. Sustainability was recognized as a holistic solution for dramatic market shift, where outstanding performance requires the symbiosis of economic (profit), social (people), and environmental (planet) partnerships Connell & Kozar [1]. People, planet, and profit, the three pillars (or 3Ps,) of sustainable business, represent Triple Bottom Line (TBL) benchmark that is used to assess sustainable corporate performance Lampikoski [2], Elkington [3]. Apart from the sustainable business guidance, sustainability misconceptions are systematically produced by different industry players. Most commonly, sustainability is compartmentalized as an environmental issue. Even through the natural resources scarcity and ongoing climate change highly affect life of individuals, regions, and communities, sustainability is often disregarded as an equally important social problem.

Particularly across fashion media, environmental sustainability has often been misleadingly promoted. For example, in the 1990s fashion magazines, environmentally friendly fashion (or the socalled green chick), was described as "pure", "natural (green)" and "recycled", regardless of its production ethics and the material provenance Fletcher [4]. Even today, some fashion brands promote sustainable commitments mainly through pro-environmental improvements such as resource circularity, recycling, and repair, while their pro-social business activities such as workers' rights, anti-discrimination, living wage, child labor, etc., especially in their supply chain, remain mostly unknown or are less advertised Ditty [5]. Similarly, some apparel products are labeled as eco, conscious or sustainable even when they obviously lack official certification or have ambiguous materials list and unclear information on product's country of origin Strähle J [6]. This practice creates uncertainty on the consumers' side, as they report that they are not sure what sustainability means, what social and/or environmental consequences fashion production and consumption entails, and

why there is a high need for textile recycling Morgan & Birtwistle [7] Kagawa [8], Strähle & Hauk [9].

Sustainable fashion

To advance the knowledge related to triple bottom line sustainability in the textile and clothing industry, we aim to elaborate the core values of sustainable fashion philosophy and propose classification of six forms of sustainable fashion. Even though fashion business is very lucrative, production of clothing and textiles is one of the most polluting industrial processes that require a lot of water, energy, chemicals, and natural resources Cline EL [10]. Production strongly relies on human labor, as various processes cannot be fully automatized. Globally dispersed production chains highly affect life of millions of legal and illegal workers who are exploited, abused, and deprived of basic human rights Maryanov [11]. Although the growing social and environmental issues weaken realistic possibilities of fashion industry to become fully sustainable, there are things that might support change and secure gradual improvements. Perhaps the most common understanding of sustainability advancements is the one related to the business itself. Sustainable fashion is embedded in the entire business model and it determines how, where, and under what conditions products are made. It also determines how the products are packaged, labeled, and promoted while assuring that product declarations clearly instruct consumers how to maintain, repair or dispose goods they bought.

Sustainable fashion is intended to generate wellbeing, not only for companies and shareholders, but for all different stakeholders and people involved in or affected by the sourcing, production, use, reuse, and disposal of textiles Fletcher [4]. Opposed to fast fashion and disposable business mindset, sustainable fashion is well grounded in the principle of connectivity and shared values. Unlike ephemeral markers, sustainable fashion truly aims to reattach people to the clothing they wear. It reconnects consumers with different producers, starting from the person who stitched, dyed or labeled the product, to the person who put it in the retail shelves. Sustainable fashion is well grounded in conscientious

aesthetics by which products are designed to last. In order to switch to sustainable future, a transformative business needs to shift from linearity reflected in take-make-dispose logic and accept circular mentality by which things are used-and re-used Niinimäki K [12]. Fashion circularity is inherent to Cradle to Cradle philosophy, which, as Ellen MacArthur Foundation proclaims, treats product disposal as entrance to the next product life cycle MacArthur [13]. Aligned with that philosophy, sustainable fashion aims to reduce waste, preserve already created products, and save natural resources.

Therefore, all newly created products must fit into one of two categories and be ether

- a) biodegradable, i.e. naturally decomposable.
- b) recyclable in either mechanical or chemical way Fletcher[4].

Aiming to extend life cycle of already existing whole products, sustainable fashion supports product re-use that may involve redistribution and resale. Sharing pre-owned clothes with others in need brings, apart from social significance, important environmental savings, as reselling clothes preserves resources otherwise needed for a new production. Instead of quantity, consumers are invited to shop for quality, as high quality products are durable and can be repaired. Sustainable luxury is inherent to the slow fashion cycle, where valuable, high quality goods are produced, worn, maintained and, if not needed, passed to others to use them for the same purpose. Sustainable fashion is compassionate as it sincerely aims to reduce negative environmental and social performance.

Six forms of sustainable fashion

We acknowledge that sustainable fashion journey has only begun, and many paths of the sustainable improvement are created along the way. To contribute to those efforts, we provide a framework that might direct the sustainable fashion classification. We propose six forms of sustainable fashion (Table 1)

- a) Biodegradable or recyclable products that can be naturally decomposed or technologically recycled.
- b) New luxury products that are durable and repairable. Sustainable luxury brands that can be both locally (artisan work) and globally relevant (traditional luxury).
- c) Second-hand and vintage products that are donated, redistributed, and resold for reuse purposes.
- d) Repaired, upcycled and upgraded products that were previously discarded, but repurposed to gain new life (e.g. patchwork denim collections).
- e) Ethically made products taking into consideration the workers' rights in the entire supply chain from raw material to the final stage of product suppliers.

f) Officially certified products labeled with approved trademark that guarantees product safety, quality, and production ethics (e.g. Fair Trade).

Table 1: Six forms of sustainable fashion.

Sustainable fashion form	Qualities
1. Biodegradable or Recyclable	Biodegradable *Of natural origin *Biologically decomposable *Environmentally friendly *Skin friendly Recyclable *Chemically or mechanically decomposable *Prevents waste accumulation *Reduces need for new materials use
2. New luxury	*Produced in small scales *Based on unique (designer/ artisan) expertise *Custom made and/or well fitted *Durable *High quality
	*Repairable
3. Second-hand and vintage	*Pre-loved *Compassionately shared *Affordable *Unique finds
4. Repaired, upcycled, and upgraded	*Upgrades the quality *Gives new purpose *Entrance to the new lifecycle
5. Ethically made	*Free from human exploitation *Protecting human rights *Ethically sourced and produced
6. Officially certified	*Guarantee of production/ consumption safety *Cruelty free *Zero hazardous *Approved/pretested quality *Legally compliant

Ideally, all these available fashion forms should be used to enhance sustainable business performance, as implementing only one while disregarding others does not satisfy triple bottom sustainability requirements. As sustainability knowledge continually evolves through industry experience and application, we believe that more alternative solutions for circular fashion will eventually establish their ways.

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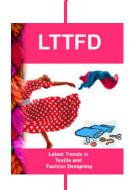
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DOI: 10.32474/LTTFD.2018.02.000145



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